

PAUL'S RUN PERSONAL CARE OCTOBER 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY 3-3RD FLOOR DINING ROOM 4-4TH FLOOR DINING ROOM AUD-AUDITORIUM CH-CHAPEL LW-LIBERTY WALK ML-MAIN LOBBY BL-B LOBBY GH-GREENHOUSE	*LUNCH AND DINNER MUSIC WILL BE PLAYED ON 3RD AND 4TH FLOOR TVs AT THE FOLLOWING MEALS TIMES 11:30AM AND 4:30PM*	**ALL ACTIVITIES ARE SUBJECT TO CHANGE ** **IF YOU HAVE ANY QUESTIONS ABOUT COMMUNITY LIFE PROGRAMS PLEASE CONTACT ALL, JEFF OR LIAT AT EXT.:3144		Sukkot 01 9:00a Exposition Prayer-C 10:00a 10:00 Morning Room Chats/Chronicles-3/4 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Mind Joggers-4 10:30a Music and Movement w/ Liat-3 11:00a Seventies Stickman Puzzle Game-3 11:00a Strength Training with Matt-4 1:15p Paul's Run Singers Rehearsal-ML 2:00p Fall Karaoke Frenzy-4 3:30p Friendly Room Visits-3/4	Sukkot / Night of Shemini Atzeret 02 10:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Move and Groove-4 10:30a Music and Movement w/ Liat-3 11:00a All About Octoberfest-4 11:00a October Trivia-3 1:00p Strength Training with Matt-3 2:00p Oktoberfest Social-3 3:30p Friendly Room Visits-3/4	Shemini Atzeret / Night of Simchat Torah 03 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Travelogue w/ Rick Steves Video-4 11:00a Trivia Challenge-3 1:30p Movie Matinee: Love Story-4 2:00p BINGO-3 3:30p Friendly Room Visits-3/4
Simchat Torah 04 9:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:00a Paul's Run Bells Rehearsal-A 10:45a Protestant Worship-C 1:30p Movie Matinee: Springtime in the Rockies-3 2:00p BINGO-4 2:30p Music & Memories with Brian-A 3:30p Friendly Room Visits-3/4	05 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Morning Stretch-4 10:30a Music and Movement w/ Liat-3 11:00a Sukkot and Simchat Torah: True or False-4 11:00a Toss and Tune: Halloween Songs-3 1:00p Strength Training with Matt-4 1:30p Creative Music Group with Ryann-3 1:30p Documentary: The Terrifying Sinking of the Lusitania-4 2:30p Bingo-3 3:30p Friendly Room Visits-3/4 5:45p Active Play with Matt-3	06 10:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement w/ Liat-4 10:30a Wii Bowling-3 11:00a Pumpkin Hot Potato Game-4 2:30p Food Committee Meeting-3 3:30p Friendly Room Visits-3/4 3:45p Creative Music Group-4 5:45p Fun & Games with Tyra-3	07 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:00a Personal Care Community Club Breast Cancer Awareness Fundraiser- 10:00a Breast Cancer Awareness Fundraiser-ML 10:15a Strength Training with Matt-3 10:30a Wii Bowling-4 11:00a Community Outing: Jumbo Seafood Buffet 2:00p Live Entertainment: Matt Couzens -3 3:30p Friendly Room Visits-3/4 5:45p Brain Games with Tyra-3	08 9:00a Exposition Prayer-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Library Book Sale-ML 10:30a Music and Movement w/ Liat-3 10:30a Sing-along-4 11:00a Strength Training with Matt-4 11:00a Talk and Toss, Halloween Themed-3 1:15p Paul's Run Singers Rehearsal-ML 1:30p IL vs PC Wii Bowling Competition- A 3:30p Friendly Room Visits-3/4	09 10:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Morning Check-in/Stretch -3 10:30a Morning Exercise-4 11:00a Mind Joggers-4 11:00a October Modern Jeopardy Trivia-3 1:00p Strength Training with Matt-3 2:00p Angel Food Cake Social-3 3:30p Friendly Room Visits-3/4	10 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Travelogue w/ Rick Steves Video-4 11:00a Trivia Challenge-3 1:30p Movie Matinee: Caine Mutiny-4 2:00p BINGO-3/4 3:30p Friendly Room Visits-3/4
11 9:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:00a Paul's Run Bells Rehearsal-A 10:45a Protestant Worship-C 1:00p Drum Circle with Joe Tayoun-A 1:30p Movie Matinee, The Sound of Music-4 1:30p Movie Matinee: Royal Wedding-3 2:30p Paul's Run Singers Rehearsal-A 3:30p Friendly Room Visits-3/4	Indigenous Peoples' Day 12 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a General Store Muffin Monday 10:30a Move and Groove-4 10:30a Music and Movement w/ Jeff-3 11:00a Indigenous Peoples' Day: True or False-4 11:00a October More Jeopardy Trivia-3 1:00p Strength Training with Matt-4 1:30p Creative Music Group with Ryann-3 2:30p Resident Council-3 3:30p Friendly Room Visits-3/4 5:45p Active Play with Matt-3	13 10:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement -4 10:30a Wii Bowling-3 11:00a What Happened To Columbus' Ship-4 2:00p Bingo-4 2:00p Community Baking w/ Jevin & Liat-3 3:30p Friendly Room Visits-3/4 3:45p Creative Music Group-4 5:45p Fun & Games with Tyra-3	14 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:15a Strength Training with Matt-3 10:30a Wii Bowling-4 11:00a October Jeopardy Trivia-3 2:00p Live Entertainment: Kirk Maurer-3 3:30p Friendly Room Visits-3/4 5:45p Brain Games with Tyra-3	15 9:00a Exposition Prayer-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Finish the Phrase-4 10:30a Music and Movement w/ Liat-3 11:00a Strength Training with Matt-4 11:00a Through the Web Toss Game-3 1:15p Paul's Run Singers Rehearsal-ML 1:30p Who Am I? Guess the Mystery Person-4 2:00p Coloring w/ Liat -3 3:30p Friendly Room Visits-3/4	16 10:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Morning Stretch/Check-in-4 11:00a Trivial Pursuit -3 12:00p Afternoon Shabbat-C 1:00p Strength Training with Matt-3 2:00p Fall Harvest Social-3 3:30p Friendly Room Visits-3/4	17 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Travelogue w/ Rick Steves Video-4 11:00a Trivia Challenge-3 1:30p Movie Matinee: The Searchers-4 2:00p BINGO-3 3:30p Friendly Room Visits-3/4



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18 9:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:00a Paul's Run Bells Rehearsal-A 10:45a Protestant Worship-C 1:30p Movie Matinee: High Time-3 2:00p BINGO-4 2:00p Paul's Run Bell Choir Fall Concert! -A 3:30p Friendly Room Visits-3/4	19 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement w/ Liat-4 10:30a Music and Movement w/ jeff-3 11:00a October Random Trivia-3 11:00a What's Your Verdict?-4 1:00p Strength Training with Matt-4 2:00p Paul's Run Singers Fall Concert-A 2:30p Bingo-3 3:30p Friendly Room Visits-3/4 5:45p Active Play with Matt-3	20 10:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement w/ Liat-4 10:30a Wii Bowling-3 11:00a Talk and Toss, Halloween Themed-4 1:00p Community Outing: Walmart 2:00p Bereavement Support Group-C 2:00p Bingo-4 3:30p Friendly Room Visits-3/4 3:45p Creative Music Group-4 5:45p Fun & Games with Tyra-3	21 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:15a Strength Training with Matt-3 10:30a Wii Bowling-4 11:00a October Jeopardy Challenge-3 2:00p Live Entertainment: Calvin Pressley -3 3:30p Friendly Room Visits-3/4 5:45p Brain Games with Tyra-3	22 9:00a Exposition Prayer-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement w/ Liat-3 10:30a This and That-4 11:00a Strength Training with Matt-4 11:00a Who Am I?-3 2:00p Minute to Win It: Halloween Edition-4 3:30p Friendly Room Visits-3/4	23 10:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Move and Groove-4 10:30a Stretching and Movement-3 11:00a German Jeopardy Trivia -4 11:00a Would You Rather, Halloween Edition-3 1:00p Strength Training with Matt-3 2:00p Pumpkin Pie Social-3 3:30p Friendly Room Visits-3/4	24 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Travelogue w/ Rick Steves Video-4 11:00a Trivia Challenge-3 1:30p Movie Matinee: The Cowboys-4 2:00p BINGO-3 3:30p Friendly Room Visits-3/4
25 9:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:45a Protestant Worship-C 1:30p Movie Matinee: A Song is Born-3 2:00p BINGO-4 3:30p Friendly Room Visits-3/4	26 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Music and Movement w/ Liat-3 11:00a Halloween Themed Trivia-3 1:00p Strength Training with Matt-4 1:30p Creative Music Group with Ryann-3 1:30p Documentary: Ernest Rutherford: The Man Who Split the Atom-4 3:30p Friendly Room Visits-3/4 5:45p Active Play with Matt-3	27 10:00a Catholic Mass-A 10:00a Morning Room Chat/Chronicle Deliveries 10:30a General Store Fruit Stand 10:30a Halloween Music and Movement w/ Liat-4 10:30a Wii Bowling-3 11:00a Through the Web Toss Game-4 2:00p Spook-tacular Bingo-4 2:00p Sweet Touch Game-3 3:30p Friendly Room Visits-3/4 3:45p Creative Music Group-4 5:45p Fun & Games with Tyra-3	28 9:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:15a Strength Training with Matt-3 10:30a Wii Bowling-4 11:00a Fact or Fiction -3 2:00p Live Entertainment: Jimmy Edwards-3 3:30p Friendly Room Visits-3/4 5:45p Brain Games with Tyra-3	29 9:00a Exposition Prayer-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Halloween Music and Movement w/ Liat-3 11:00a History of the Jack-o'-Lantern-4 11:00a Pumpkin Hot Potato Game-3 11:00a Strength Training with Matt-4 2:00p Spooky/Silly History+Traditions of Halloween w/ Liat-3 3:30p Friendly Room Visits-3/4	30 10:00a Catholic Mass-C 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Spook-er-cise-4 10:45a Morning Stretch/Check-in-3 11:00a Ghoulishly Funny Riddles!-4 11:00a Halloween Trivia-3 1:15p Halloween Costume Contest-A 2:00p Halloween Extravaganza with Donnie Love-A 3:30p Friendly Room Visits-3/4	Halloween 31 10:00a Morning Room Chat/Chronicle Deliveries 10:30a Travelogue w/ Rick Steves Video-4 11:00a Trivia Challenge-3 1:30p Movie Matinee: The Birds-4 2:00p BINGO-3 3:30p Friendly Room Visits-3/4