



Paul's Run Independent Living May 2026 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library</p>	<p>** All Programs Subject to Change **</p> <p>**Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room</p>		<p>May Day & Full Moon 1 Resident Council Nominations Open</p> <p>9:00 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 11:00-2:00 May Day Community Horticulture Project-Meet ML 12:30 Walmart Run-A & B Lobby 1:45 Wine & Cheese-GH 2:00 Shabbat-C 7:00 Shabbat-C 7:00 Downton Abbey Season 4-A</p>	<p>2</p> <p>10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:30 Saturday Documentary-A Jon Bon Jovi: Rock Forever 43 min 7:00 Saturday Feel Good Movie-A Dirty Dancing (1987)</p>
<p>3</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A Food Ancient Egypt & Ancient Rome 2:30 Paul's Run Singers Rehearsal-A 7:00 Sunday Evening Movie-A Patch Adams (1998)</p>	<p>4</p> <p>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 1:15 Afternoon Ballet Matinee-A Prokofiev's <i>Cinderella</i> 2:00 Garden Committee Meeting-GH 7:00 Barbra Streisand Musical Series-A Funny Girl (1968)</p>	<p>Cinco de Mayo 5</p> <p>9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Jenkintown: Whole Foods/Ross Trader Joe's-A & B Lobby 2:00 Cinco de Mayo Entertainment-A Magdializ & Her Latin Ensemble Crisol 2:30 Crochet & Knitting Club-GH **Pre-Dinner Margaritas** 7:00 Black Jack with Tyra-A 7:00 Tortilla Soup (2001)-A</p>	<p>6</p> <p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 IL Resident Town Hall Meeting-A 11:00 Interfaith Community Group-RR 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Music Entertainment-A Delaware Valley Choral Society Spring Concert 7:00 Evening BINGO: \$1/Card-A Mother's Day Edition</p>	<p>7</p> <p>9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 10:30 Flower Arranging-A 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:00 IL Resident Town Hall Meeting-A 1:30 Paul's Run Singers Rehearsal-ML 2:00 "Gifts of the Holy Spirit" Talk with Sr. Faustina-C 7:00 Thursday Evening Blockbuster-A Song Sung Blue (2025)</p>	<p>8</p> <p>9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Feline Friends Meeting-GH 12:30 Produce Junction A & B Lobby 1:45 Wine & Cheese-GH 2:30 Movie Committee Meeting-BR 7:00 Shabbat-C 7:00 Downton Abbey Season 4-A</p>	<p>9</p> <p>10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:30 Trivia-A 7:00 Saturday Feel Good Movie-A The Lucky One (2012)</p>
<p>Mother's Day 10</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Worship-C 11:30-1:00 Mother's Day Early Dinner Main Dining Room 2:00 Music BINGO-A Songs About Mom 7:00 Sunday Evening Movie-A</p>	<p>National Nursing Home Week 11</p> <p>9:00 Catholic Mass-C 9:30 Errand Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 1:00 Steve Pollock Lecture Series-A 2:15 Therapeutic Art with Chloe-GH 7:00 Barbra Streisand Musical Series-A Hello Dolly (1969)</p>	<p>12</p> <p>9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Willow Grove Mall-A & B Lobby 1:15 BINGO-A 2:30 Let's Talk About It! with Steve-A 2:30 Crochet & Knitting Club-GH 7:00 Karaoke Night with Tyra-A</p>	<p>13</p> <p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Julie Andrews Forever (2025)-A 7:00 Evening BINGO: \$1/Card-A</p>	<p>14</p> <p>9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run-A & B Lobby 1:30 Paul's Run Singers Rehearsal-ML 1:00 Women's Group-A A Moment in Time: Women's Stories 1:45-3:30 Mister Softee Ice Cream Front Patio 7:00 POKENO-GH 7:00 Thursday Night Movie-A Quartet (2013)</p>	<p>15</p> <p>9:00 Morning Prayers-C 9:30 Home Depot Garden Center A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Sweet Lucy's-A & B Lobby 1:45 Wine & Cheese-GH 2:00 Shabbat-C 7:00 Shabbat-C 7:00 Downton Abbey Season 5-A</p>	<p>Armed Forces Day 16</p> <p>10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:15 Saturday Documentary-A Bee Gees: Everlasting Words 55 min 7:00 Saturday Evening Movie-A From Here to Eternity (1953)</p>

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<p>17</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Services-C 1:00 Drum Circle with Joe Tayoun-A 2:30 Paul's Run Singers Rehearsal-A 7:00 Sunday Evening Movie-A Spinning Gold (2023)</p>	<p>18</p> <p>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:00 Men's Club Luncheon-Depart ML Maggie's Waterfront Cafe 12:30 ShopRite Trip-A & B Lobby 1:30 Celebrating Brikena-GH LeadingAge PA Manager of the Year 2:30 Paul's Run Singers Spring Concert-A 7:00 Barbra Streisand Musical Series-A A Star is Born (1976)</p>	<p>19</p> <p>Primary Election</p> <p>9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-ML 11:00 Safety & Paul's Run Town Hall-A 12:30 Dollar General-A & B Lobby 1:30 Safety & Paul's Run Town Hall-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Paint & Sip with Tyra-A</p>	<p>20</p> <p>Resident Council Nominations Due</p> <p>9:00 Catholic Mass-C 10:00 Parx Casino-A & B Lobby 11:00 Whole Body Strength with Matt-A 12:30 Dollar Tree-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:15 Parkinson's Support Group-C 2:15 Wellness Talk with Bayada-A Hydration 7:00 Evening BINGO: \$1/Card-A</p>	<p>21</p> <p>9:00 Exposition Prayer-C 9:30 ShopRite Trip-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Great Performances at the Met-A The Amazing Adventures of Kavalier & Clay 7:00 Thursday Evening Blockbuster-A Choral (2025)</p>	<p>22</p> <p>9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 First Watch Café-A & B Lobby 1:15 BINGO-A 7:00 Shabbat-C 7:00 Downton Abbey Season 5-A</p>	<p>23</p> <p>10:00 Morning Coffee-ML 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:30 Trivia with Tyra-A 7:00 Saturday Feel Good Movie-A A Beautiful Day In the Neighborhood (2019)</p>
<p>24</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Service-C 1:30 Paul's Run Singers Spring Concert Recording Watch Party-A 2:30 Music & Memories-A 7:00 Barbra Streisand Musical Series-A Yentl (1983)</p>	<p>25</p> <p>Memorial Day</p> <p>9:00 Catholic Mass-C 10:30 Exercise Video with Matt-A 11:15 Yoga with Brian-C 11:30-1:00 Memorial Day BBQ-MDR 2:00 Memorial Day Entertainment-A Dave Rand 7:00 Memorial Day Movie-A Hacksaw Ridge (2016)</p>	<p>26</p> <p>9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 11:30 New Resident Brunch-MDR **Invitation Required** 12:30 ShopRite Trip-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Black Jack with Tyra-A 7:00 Tuesday Evening Documentary-A Jane Fonda in Five Acts (2018)</p>	<p>27</p> <p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Cooking Demo with Chris-A 2:30 June Calendar Chat with Molly & Stacy-A 4:30 Evening Dinner Trip: Toscana 52 Depart Main Lobby 7:00 Evening BINGO: \$1/Card-A</p>	<p>28</p> <p>9:00 Exposition Prayer-C 9:30 GIANT Grocery Store-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run-A & B Lobby 1:15 DIY Rainbow Sun Visors with the Rainbow Alliance-A 7:00 POKENO-GH 7:00 Thursday Evening Movie-A A Little Prayer (2026)</p>	<p>29</p> <p>9:00 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 11:30 Seniors to Seniors Intergenerational Group Depart Main Lobby 1:45 Water Ice & Pretzel Bites-GH 2:00 Shabbat-C 7:00 Shabbat-C 7:00 Downton Abbey Season 5-A</p>	<p>30</p> <p>10:00 Morning Coffee-GH 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:30 Saturday Documentary-A Cher: Life in the Spotlight 57 min 7:00 Saturday Feel Good Movie-A Smokey and the Bandit (1977)</p>
<p>Blue Moon</p> <p>31</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 2:00 Summer Hits Music BINGO-A 7:00 Sunday Evening Movie-A Sea of Love (1989)</p>						<p>May Highlights</p> <p>May Day Cinco de Mayo Mother's Day Memorial Day</p>