


Paul's Run Independent Living January 2026 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library	** All Programs Subject to Change ** **Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room		New Year's Day 1 9:00 Exposition Prayer-C 9:45 New Year's Day Morning Coffee-GH 11:15 Yoga with Brian-C 11:30 New Year's Day Mummies Performance-ML 12:00-2:00 Early New Years Dinner-MDR 2:30 Family Feud with Tyra-A 6:00 Evening BINGO: \$1/Card-A	2 9:30 Morning Prayers-C 9:30 ShopRite Trip-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Acme & Errand Run A & B Lobby 1:45 Wine & Cheese-GH 7:00 Shabbat-C 8:00 Downton Abbey Season 2-A	3 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:15 Afternoon Documentary-A Harrison Ford: Hollywood Hero 7:00 Saturday Feel Good Movie-A As Good as It Gets (1997)
4 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Music BINGO-A Winter Holiday Classics 7:00 Rob Reiner Movie Series-A Stand By Me (1986)	5 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:30 New Year's Eve Gala: Broadway to Hollywood (2024)-A 7:00 Monday Evening Blockbuster-A The Smashing Machine (2025)	6 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Jenkintown: Trader Joe's/Whole Foods/Ross-A & B Lobby 1:15 BINGO-A 2:15 Explore Dance Movement Therapy with Sydney-C 2:30 Crochet & Knitting Club-A 7:00 Blackjack with Tyra-A	7 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:00 Women's Group-GH 2:00 Winter Stories & Crafting with Stacy-A Painting 3D Hanging Snowflakes 7:00 Evening BINGO: \$1/Card-A	8 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Cooking Demo with Chris-A 2:30 Trivia with Stacy-A 7:00 POKENO with Tyra-GH 7:00 Elvis's Birthday Movie-A Elvis (2022)	9 9:30 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 11:30 Explore Dance Movement Therapy with Sydney-C 12:00 Feline Friend's Meeting-GH 12:30 Ollie's Bargain Outlet A & B Lobby 1:45 Wine & Cheese-GH 2:30 Movie Committee Meeting-BR 7:00 Shabbat-C 8:00 Downton Abbey Season 2-A	10 10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 2:00 Music Entertainment-A Jimmy Edwards 7:00 Saturday Feel Good Movie-A Love, Simon (2018)
11 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:30 Music & Memories-A 2:30 Paul's Run Singers Rehearsal-A 7:00 Rob Reiner Movie Series-A A Few Good Men (1992)	12 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir Rehearsal-Gym 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Steve Pollock Lecture Series-A 7:00 Monday Evening Movie-A Four Weddings and a Funeral (1994)	13 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Outback Steakhouse A & B Lobby 1:15 BINGO-A 2:30 Let's Talk About It! with Steve-A 2:30 Crochet & Knitting Club-GH 7:00 Music Entertainment-A Veronica M.	14 9:00 Catholic Mass-C 10:00 Parx Casino-A & B Lobby 11:00 Whole Body Strength with Matt-A 12:30 Dollar General-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:15 Explore Dance Movement Therapy with Sydney-A 1:15 Parkinson's Support Group-C 2:30 Crafters' Corner with Stacy-A MLK Plaque 7:00 Evening BINGO: \$1/Card-A	15 9:00 Exposition Prayer-C 9:30 ShopRite Trip-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul's Run Singers Rehearsal-ML 2:30 Broadway Sing with Molly-A 7:00 Thursday Evening Blockbuster-A Wake Up Dead Man: A Knives Out Mystery (2025)	16 9:30 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 ShopRite Trip-A & B Lobby 1:45 Wine & Cheese-GH 7:00 Shabbat-C 8:00 Downton Abbey Season 2-A	17 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 Pokeno with Tyra-A 2:30 Open Discussion Group with Tyra-A 7:00 Saturday Feel Good Movie-A Calendar Girls (2004)

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
18		Martin Luther King Jr Day19		20		21		22		23		24	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Services-C 1:30 Music & Memories-A 2:30 Paul’s Run Singers Rehearsal-A 7:00 Rob Reiner Movie Series-A The Princess Bride (1987)		8:45 MLK Day of Community Service Trip with Lutheran Congregational Services-Depart Main Lobby 9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 1:00 MLK Community Service Project-GH Sponsored by BAYADA 2:00 MLK Documentary-A MLK/FBI (2021) 7:00 Monday Evening Movie-A Selma (2014)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 1:00 BINGO-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Music Entertainment-A Calvin Pressley		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Interfaith Community Group-RR 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Wednesday Documentary-A Sinatra in Palm Springs (2018) 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul’s Run Singers Rehearsal-ML 2:15 Explore Dance Movement Therapy with Sydney-C 7:00 POKENO with Tyra-GH		9:30 Morning Prayers-C 9:30 Lidl & Marshalls-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Andonio’s Diner-A & B Lobby 1:45 Wine & Cheese-GH 7:00 Shabbat-C 8:00 Downtown Abbey Season 2-A		10:00 Morning Coffee-GH 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:15 Afternoon Documentary-A Legends In Concerts: Jerry Lewis and Friends 7:00 Saturday Feel Good Movie-A A Chorus Line (1985)	
25		26		27		28		29		30		31	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Service-C 2:00 Peter, Paul, & Mary 25th Anniversary Concert (2014)-A 7:00 Rob Reiner Movie Series-A Misery (1990)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir Rehearsal-Gym 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:00 Men’s Club Lunch: Italian Hoagies-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-C 1:00 Steve Pollock Lecture Series-A On Stage Now: Exploration of Broadway 7:00 Monday Evening Movie-A Quigley Down Under (1990)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 11:00 Resident Council Meeting-BR 12:30 Willow Grove Mall-A & B Lobby 1:15 BINGO-A 2:30 Let’s Talk About It! with Steve-A 2:30 Crochet & Knitting Club-GH 7:00 Family Feud with Tyra-A		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Final Book Club Meeting with Nancy-RR 2:30 Explore Dance Movement Therapy with Sydney-C 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul’s Run Singers Rehearsal-ML 2:30 February Calendar Chat with Stacy-A 7:00 Thursday Evening Blockbuster-A Jay Kelly (2025)		9:30 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Holy Redeemer Thrift Store A & B Lobby 1:45 Wine & Cheese-GH 7:00 Shabbat-C 8:00 Downton Abbey Season 3-A		10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:30 Pokeno with Tyra-A 2:30 Open Discussion Group with Tyra-A 7:00 Saturday Feel Good Movie-A Billy Elliot (2000)	



January Highlights
Mental Wellness Month
New Year’s Day
Martin Luther King Jr. Day

