

Paul’s Run Independent Living September 2025 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Labor Day1	2	3	4	5	6
	9:00 Catholic Mass-C 10:30 Exercise Video with Matt-A 11:00 Yoga with Brian-C 11:30-1:30 Early Labor Day BBQ-MDR 2:00 Labor Day Entertainment-A Brian Horoho 6:30 Labor Day Movie-A Norma Rae (1979)	9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 ShopRite Trip-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Black Jack Game with Tyra– A	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Holy Redeemer Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:00 Women’s Group-GH 2:00 September Trivia with Stacy-A 7:00 Evening BINGO: \$1/Card-A	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30-3:30 Mister Softee Ice Cream Front Patio 1:30 Paul’s Run Singers Rehearsal-ML 2:45 Bell Choir Rehearsal-Gym 7:00 POKENO with Tyra-GH 7:00 Thursday Evening Documentary-A American Factory (2019)	9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Neshaminy Mall & Aldi A & B Lobby 12:30 Feline Friends Meeting-GH 1:45 Wine & Cheese– GH 7:00 Shabbat-A	10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 1:15 BINGO-A 2:15 Afternoon Documentary-A Hollywood Collection: Shirley Maclaine: Kicking Up Her Heels 7:00 Saturday Evening Musical-A Annie (1982)
Grandparents’ Day7	8	9	10	11	12	13
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Paul’s Run Singers Rehearsal-A 7:00 Sunday Evening Movie-A The Secret of Roan Inish (1995)	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Men’s Club Lecture Series-GH Westward Expansion 2:00 Cooking Demo with Chris-A 7:00 Monday Night Blockbuster-A Rez Ball (2024)	9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Jenkintown: Whole Foods/ Trader Joes/Ross-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Black Jack Game with Tyra-A	9:00 Catholic Mass-C 10:00 Parx Casino-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Dollar General-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Resident Memorial Service-A 7:00 Evening BINGO: \$1/Card-A	9:00 Exposition Prayer-C 9:30 ShopRite Trip-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul’s Run Singers Rehearsal-ML 2:45 Bell Choir Rehearsal-Gym 7:00 Thursday Evening Movie-A My Oxford Year (2025)	9:00 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 China Gourmet Dim Sum A & B Lobby 1:45 Ice Cream Sundae Social-GH 7:00 Shabbat-A	10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt’s Exercise Video-A 2:00 Afternoon Entertainment-A The Heat Big Band 7:00 Saturday Evening Musical-A Next to Normal (2025)
14	15	16	17	18	19	Oktoberfest Begins20
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 2:00 Drum Circle with Percussionist Joe Tayoun-A 7:00 Sunday Evening Movie-A My Thursday Murder Club (2025)	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:00 Men’s Club Lunch-A Chinese Food 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:30 Afternoon Documentary-A Sunday Best: The Untold Story of ED Sul- livan 7:00 Monday Night Movie-A A Day Late & A Dollar Short (2014)	9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 2:00 Music Entertainment-A Beth Tinnon 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-GH 7:00 Black Jack Game with Tyra-GH	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:15 Parkinson’s Support Group-C 2:30 Fall Safety Discussion-A Hosted by BAYADA 4:30 Dinner Trip to Gallos-Depart ML *Cash Only* 7:00 Evening BINGO: \$1/Card-A	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul’s Run Singers Rehearsal-ML 2:30 Staff Expert Lecture Series-A Hiking the Grand Traverse of the Alps with Molly 7:00 POKENO with Tyra-GH 7:00 Thursday Night Documentary-A Move When the Spirit Says Move	9:00 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Ollie’s Bargain Outlet A & B Lobby 1:45 Wine & Cheese-GH 2:30 Curana Monthly Town Hall Meeting-A 2:30 Movie Committee Interest Meeting-Small Conference	10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A Hollywood Idols: William Holden: The Golden Boy 7:00 Saturday Evening Movie-A Xanadu (1980)

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
SBS Auditorium Afternoon 21		Autumnal Equinox 22		Rosh Hashanah 23									
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Services-C 1:30 Paul’s Run Singers Rehearsal-GH 2:30 Music & Memories-GH 7:00 Sunday Broadway Comedy-A Yellow Face (2025)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:00 Steve Pollock Lecture Series-A On Stage Now: Exploration of Broadway 7:00 Monday Night Movie-A The Wrong Paris (2025)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:00 Rosh Hashannah Service, Tash-lich following -A 10:45 Balance with Matt-ML 12:30 Walmart Supercenter A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Evening Entertainment-A Jimmy Edwards		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Fall Flower Arranging-GH 2:00 Rosh Hashanah Service-A 7:00 Evening BINGO \$1/Card-A		9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 10:00 Community Service Club-GH 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Paul’s Run Singers Rehearsal-ML 2:00 Food Committee Meeting-BR 2:45 Bell Choir Rehearsal-Gym 7:00 Thursday Evening Blockbuster-A The Penguin Lessons (2025)		9:00 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Iron Hill Brewery & Restaurant A & B Lobby 1:45 Pumpkin Parfaits-GH 7:00 Shabbat-A		10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:30 Culinary Corner with Tyra-GH Banana Pudding 7:00 Saturday Evening Musical-A Girl from the North Country (2025)	
SBS Auditorium Afternoon 28								Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library		** All Programs Subject to Change **		**Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 1:30 Paul’s Run Singers Rehearsal-GH 2:30 Music BINGO!-GH Broadway Musicals 7:00 Sunday Evening Movie-A Twins (1988)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:15 GSA Documentary-A Art and Pep: Love is Love (2022) 2:45 Documentary Q&A with Molly-A 7:00 Monday Night Blockbuster-A The Last Showgirl (2025)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Willow Grove Mall A & B Lobby 1:15 BINGO-A 2:30 October Calendar Chat with Molly & Stacy-A 2:30 Crochet & Knitting Club-GH 7:00 Painting with a Sip– A									

September Highlights



National Hispanic Heritage Month
Labor Day
Grandparents’ Day
First Day of Autumn
Oktoberfest
Rosh Hashanah

