

Paul’s Run Independent Living August 2025 Calendar

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
				Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library		** All Programs Subject to Change **		**Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room		1		2	
										9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Feline Friends Meeting-GH 12:30 Dollar Tree-A & B Lobby 1:45 Water Ice Social-Front Patio 2:00 Shabbat-C 7:00 Shabbat-C		10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt’s Exercise Video-A 1:00 Line Dancing with Tyra-A 2:00 Afternoon Entertainment-A Belly Dancer Performance 7:00 Saturday Evening Movie-A Jaws (1975)	
3		4		5		6		7		8		Full Moon 9	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Past Summer Concert Watch Party & Info Session-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Music & Memories-A 7:00 Sunday Evening Movie-A A Walk to Remember (2002)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00– Chaplain’s Chat– LW 1:30 Monday Documentary-A Aging in America: Survive or Thrive 7:00 Resident Movie Choice-A Children of a Lesser God (1986)		9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Bristol Amish Market A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Summer Charades w/ Tyra– A		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 11:00 New Resident Reception-MDR *Invitation & RSVP Required* 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Women’s Group-GH 1:00 Mostly Standing Aerobics-Gym 1:30 Open Wii Bowling-A 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Community Choir Rehearsal-ML 2:30 August Jeopardy Trivia-A 7:00 Black Jack Game w/ Tyra-GH 7:00 Thursday Evening Movie-A The Man in the Moon (1991)		9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:45 Balance VIDEO - A 12:30 White Elephant Thai A & B Lobby 1:00-2:30 Fall Risk & Balance Screening with Powerback Rehab-A 1:45 Wine & Cheese Social Front Patio 7:00 Shabbat-C		10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A Hollywood Idols Ep. 1 Grace Kelly: An American Princess 28min 7:00 Saturday Evening Movie-A Lilly (2024)	
10		11		12		13		14		15		16	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:30 Community Choir Rehearsal-ML 2:30 Music Bingo, 1950’s Top Hits Take 2-A 7:00 Sunday Evening Movie-A Charade (1963)		9:00 Catholic Mass-C 9:30 Errand Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:00 Men’s Club Lecture Series-GH Westward Expansion 2:00 Philadelphia Corp for Aging-A Learn About Services Offered 7:00 Resident Movie Choice-A Dunkirk (2017)		9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Jenkintown: Ross/Whole Foods/ Trader Joe’s-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Black Jack Game w/ Tyra– A		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Afternoon Entertainment-A Dorothy Flynn aka Dancing Dottie 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 Culinary Corner with Stacy-GH Refreshing Watermelon Salad 7:00 Thursday Night Blockbuster-A Jane Austen Wrecked My Life (2025)		9:00 Morning Prayers-C 9:30 GIANT Grocery Store & Lidl A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Holy Redeemer Thrift Store A & B Lobby 1:45 Assorted Popsicles Social Front Patio 2:00 Shabbat-C 7:00 Shabbat-C		10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt’s Exercise Video-A 1:15 Line Dancing with Tyra-A 2:15 Culinary Corner with Tyra-GH Blueberry Tarts 7:00 Saturday Evening Musical-A An American in Paris (1951)	

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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
17		18		19		20		21		22		23	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Services-C 2:00 Drum Circle with Percussionist Joe Tayoun-A 7:00 Sunday Evening Movie-A Sylvie’s Love (2020)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian and Michelle-C 12:00 Men’s Club Luncheon-LW Outdoor BBQ 12:30 ShopRite Trip-A & B Lobby 1:15 GSA Movie Screening ”1946” with Pastor Michelle 7:00 Monday Evening Movie-A Toast (2011)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 1:00 BINGO-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Evening Entertainment-A Calvin Pressley		9:00 Catholic Mass-C 10:00 Parx Casino-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Dollar General-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:15 Parkinson’s Support Group-C 1:30 Book Club Meeting-RR 2:30 Ensuring Apartment Safety-A Lecture Sponsored by BAYADA 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 ShopRite Trip-A & B Lobby 10:00 Walking Club with Matt-ML 10:00 Community Service Club-GH 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 August Random Trivia-A 7:00 Black Jack Game w/ Tyra-GH 7:00 Thursday Evening Movie-A Bojangles (2001)		9:00 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Bacco Centro Italian A & B Lobby 1:45 Wine & Cheese Social Front Patio 7:00 Shabbat-C		10:00 Morning Coffee-ML 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A Hollywood Idols Ep. 2 Cary Grant: The Leading Man 28 min. 7:00 Saturday Evening Musical-A Evita (1996)	
24		25		26		27		28		29		30	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 1:30 Chair Dancing w/Ryann-A 2:30 Music & Memories –A 7:00 Sunday Evening Movie-A Two Mules for Sister Sara (1970)		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-C 1:00 Steve Pollock Lecture Series-A On Stage Now: Exploration of Broadway 7:00 Monday Evening Movie-A Baby Boom (1987)		9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-A 10:45 Balance with Matt-A 11:00 Resident Council Meeting-SC 12:30 Willow Grove Mall-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Black Jack Game w/ Tyra-A		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 10:00 Trip to Atlantic City-Depart ML *RSVP with Stacy* *Pre-Trip Waiver Must Be Signed* 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 1:00 Mostly Standing Aerobics-Gym 1:00-2:00 Wellness Fair Hosted by Paul’s Run Wellness Services-A 7:00 Evening BINGO: \$1/Card-A		9:00 Exposition Prayer-C 9:30 GIANT Grocery Store-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run-A & B Lobby 1:30 Community Choir Rehearsal-ML 2:00 Food Committee Meeting-BR 2:30 September Calendar Chat with Stacy-A 7:00 Thursday Evening Blockbuster-A On Swift Horses (2025)		9:00 Morning Prayers-C 9:30 Dollar Tree-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Miss Philly Grill Lunch Trip A & B Lobby 1:45 Ice Cream Sundae Social Front Patio 7:00 Shabbat-C		10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:15 Line Dancing with Tyra-A 7:00 Saturday Evening Musical-A Kiss Me Kate (1953)	
31		 August Highlights National Wellness Month National Dog Month 											