Paul's Run Independent Living March 2025 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Contraction of the second seco			Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library	** All Programs Subject to Change** **Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room		First Night of Ramadan110:00 Morning Coffee-GH10:15 Current Events with Tyra-GH11:00 Matt's Exercise Video-A1:15 BINGO-A2:15 Brain Games with Tyra-A7:00 Saturday Evening Movie-AHere (2024)
2 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:00 St. Katharine Drexel Feast Day Service-C 2:30 Share a Song, Sing Along-A 7:00 Great Migrations: Episode 3-A One Way Ticket Back: Reverse Migration Back to the South	9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:30 Cooking Demo with Chris-A Bananas Foster 6:30 Acting for Fun! Workshop-A	Mardi Gras 4 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:00 Fat Tuesday Donuts-GH 10:30 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 2:00 Mardi Gras Entertainment-A The Red Baron Band **Special Mardi Gras Theme Dinner** 7:00 Family Feud Tournament Finale-A	Ash Wednesday59:00 Ash Wednesday Mass-A9:30 ShopRite Trip-A & B Lobby11:00 Whole Body Strength with Matt-A11:00 Ash Wednesday Service-C12:00 Women's Group-AMovie & Discussion: The SixTriple Eight (2024)12:30 Neshaminy Mall & AldiA & B Lobby1:00 Mostly Standing Aerobics-Gym2:00 March Trivia with Stacy-GH2:30 B Building Town Hall-B Lobby7:00 Evening BINGO: \$1/Card-A	6 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:00-2:30 A Building Town Halls Check Flyers for Times & Location 1:15 Wii Bowling with Stacy-A 7:00 POKENO-GH 7:00 Women's History Month Movie-A She's Beautiful When She's Angry (2014)	9:00 Morning Prayers-C 9:30 Lidl Grocery Store-A & B Lobby 10:00 Open Wii Bowling-GH 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Randi's Restaurant & Bar A & B Lobby 1:30 Choir Rehearsal-ML 1:45 Wine & Cheese-GH 7:00 Shabbat-A	8 10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 2:00 Saturday Entertainment-A Jill Salkin 7:00 Resident Movie Choice-A Kinda Pregnant (2025)
 Daylight Savings Time Starts 9 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 2:00 Drum Circle with Percussionist Joe Tayoun-A 7:00 Great Migrations: Episode 4-A Coming to America: African & Caribbean Immigrant Stories 	9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Men's Club Lecture Series-GH Special Topic 2:00 The Shamrock Tenors: Live from Belfast (2024)-A 6:30 Acting for Fun! Workshop-A 7:00 The Quiet Man (1952)-A	Library Book Sale 11 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11-2:00 Library Book Sale-ML 12:30 Jenkintown: Ross/Trader Joe's/ Whole Foods-A & B Lobby 1:00 Afternoon Sports Lecture-A Ethical and Social Issues in Sports with Larry Atkins 2:30 Let's Talk About It! with Meghan-A 2:30 Crochet & Knitting Club-GH 7:00 St Patrick's Day Performance-A Emerald Isle Dance Academy	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Book Club Meeting-RR 2:00 Afternoon Entertainment-A Chris Giakis 7:00 Evening BINGO: \$1/Card-A	9:00 Exposition Prayer-C 9:30 ShopRite Trip-A & B Lobby 10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 BINGO-A 2:30 Music & Memories-A 7:00 Women's History Month Movie-A Hidden Figures (2016)	Purim149:00 Morning Prayers-C9:30 Dollar Tree-A & B Lobby10:00 Open Wii Bowling-GH10:00 Catholic Mass-C10:45 Balance with Matt-A12:30 Feline Friends Meeting-GH12:30 Target & Joann Fabric RunA & B Lobby1:30 Choir Rehearsal-ML1:45 Shamrock Shakes-GH2:30 Shabbat-C7:00 Shabbat-A	Ides of March 15 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:15 Charades with Tyra-A 7:00 Resident Movie Choice-A Best Little Whorehouse in Texas (1982)

Paul's Run Independent Living March 2025 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH	St Patrick's Day179:00 Catholic Mass-C9:30 Bell Choir Rehearsal-Gym9:30 Errand & Bank Run-A & B Lobby	9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby	First Day of Spring 20 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby	9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby	22 10:00 Morning Coffee-GH 11:00 Matt Exercise Video-A	
 10:00 Bell Choir Rehearsal-A 10:45 Protestant Services-C 2:30 Purim Celebration with Shaare Shamayim-A 7:00 Irish Recorded Concert-A Celtic Woman 20th Anniversary Concert (2023) 	 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 2:00 St Patrick's Day Irish Songs-A Sing Along with Ryann **Special Irish Themed Dinner** **Irish Coffees** 6:30 Acting for Fun! Workshop-A 7:00 Riverdance 25th Anniversary-GH 	10:30 Balance with Matt-A 11:00 Garden Committee Meeting-GH 12:00 Men's Club Luncheon-GH Taco Party 12:30 Parx Casino & Race Track A & B Lobby 1:00 BINGO-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Paint & Sip with Tyra-A Painting Birds on Canvas	 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Book Club Meeting-RR 2:00 Parkinson's Lecture-A Hosted by Bayada 7:00 Evening BINGO: \$1/Card-A 	10:00 Walking Club with Matt-ML 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Wii Bowling with Stacy-A 2:30 Broadway Sing with Molly-A 7:00 POKENO-GH 7:00 Women's History Month Movie-A Iron Jawed Angels (2004)	10:00 Open Wii Bowling-GH 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Willow Grove Mall A & B Lobby 1:30 Choir Rehearsal-ML 1:45 Wine & Cheese-GH 7:00 Shabbat-A	1:15 BINGO-A 2:15 Afternoon Documentary-A Sounds of the 60's - Vol.3 - Silence is Golden 7:00 Resident Movie Choice-A The Brutalist: Part 1 (2024)	
23	24	25	26	27	28	29	
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Services-C 1:30 Chair Dancing-A 2:30 Music BINGO-A Spring Time Songs 7:00 Resident Movie Choice-A The Brutalist: Part 2 (2024)	9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Will & Harper (2024)-A Hosted by the Gay-Straight Alliance 3:00 Post-Movie Discussion-A 6:30 Acting for Fun! Workshop-A	 9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Resident Council Meeting-SC 12:30 Maggio's Restaurant, Bar & Ballroom-A & B Lobby 1:15 BINGO-A 2:30 Let's Talk About It! with Meghan-A 2:30 Crochet & Knitting Club-GH 7:00 Crafter's Corner with Tyra-A Four Leaf Clovers 	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Dollar Tree-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Word Mining with Stacy-A 2:00 Food Committee Meeting-BR 7:00 Evening BINGO: \$1/Card-A	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 10:00 Community Service Club-GH 11:15 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Paint & Chat with Stacy-GH 1:30 National Nutrition Month Snacks-ML 2:30 April Calendar Chat with Stacy-A 7:00 Women's History Month Movie-A Yentl (1983)	9:00 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Open Wii Bowling-GH 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Holy Redeemer Thrift Store A & B Lobby 1:45 Mint Chocolate Chip Ice Cream Social-GH 7:00 Shabbat-A	10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:15 Trivia with Tyra-A 2:00 Temple University Students' Irish Dance Performance-A 7:00 Saturday Blockbuster-A A Real Pain (2024)	
30	31	March Highlights					

9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 1:30 Chair Dancing-A 2:30 Share a Sing, Sing Along-A 7:00 Resident Movie Choice-A Driving Miss Daisy (1989)

9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:15 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Steve Pollock Lecture-A On Stage Now: Exploration of Broadway 6:30 Acting for Fun! Workshop-A



<u>Iviarch Highlights</u>

National Women's History Month Ramadan Mardi Gras Ash Wednesday **Daylight Savings Time Begins** Purim St Patrick's Day First Day of Spring



