


# Paul's Run Independent Living September 2024 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Music BINGO!-A Motown's Greatest Hits	2 Labor Day 9:00 Catholic Mass-C 9:30 Bell Choir-Gym 10:30 Exercise Video with Matt-A 11:00 Yoga with Brian-C 12-2:00 Indoor Labor Day Picnic-MDR 2:15 Labor Day Entertainment-A Meredith Beck 6:30 Labor Day Movie-A October Sky (1999)	3 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 ShopRite Trip-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Paint & Sip with Tyra-A	4 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Women's Group-GH 1:00 Mostly Standing Aerobics-Gym 2:00 September Jeopardy Trivia-A 7:00 Evening BINGO: \$1/Card-A	5 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Bowling with Stacy-A 2:30 Music & Memories-A 7:00 Resident Movie Choice-A Rear Window (1954)	6 9:00 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Willow Grove Mall A & B Lobby 12:30 Feline Friends Meeting-GH 1:30 Mister Softee Ice Cream Truck Front Patio Sponsored by Serenity Hospice 7:00 Shabbat-C 8:15 Eagles vs Packers-NBC 10	7 10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A Cary Grant: The Man He Dreamed of Being 53m 7:00 Evening Movie-A Mr Holland's Opus (1998)
8 Grandparents' Day 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Chair Dancing-A 2:30 Choir Rehearsal-A	9 9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Men's Club Lecture Series-GH Special Topic 6:30 Acting for Fun! Monologues-A 7:00 Monday Evening Documentary-GH Federer: 12 Final Days (2024)	10 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Jenkintown: Trader Joe's/Whole Foods/Ross-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 7:00 Crafters' Corner with Tyra-A	11 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 New Resident Reception-MDR **Invitation Required** 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Book Club Meeting-RR 2:00 Wednesday Concert-A Leonard Cohen: Live in London (2009) 7:00 Evening BINGO: \$1/Card-A	12 9:00 Exposition Prayer-C 9:30 Aldi Run-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 2:00 Paul's Run Talent & Art Show-A 3:30 & 5:00 Outdoor BBQ-B Lobby Space Limited. RSVP Required 7:00 Resident Movie Choice-A Mama Mia (2008)	13 9:00 Morning Prayers-C 9:30 Breakfast at Tiffany Diner A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Walmart Supercenter A & B Lobby 1:30 Choir Rehearsal-ML 2:00 Wine & Cheese-GH 7:00 Shabbat-C	14 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:00 Music Trivia with Tyra-A 1:45 Afternoon Documentary-A Elizabeth Taylor: The Lost Tapes 1h 53m 6:30 Scrabble Night-A
15 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Chair Dancing-A 2:00 Drum Circle with Percussionist Joe Tayoun-A	16 9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 2:30 Paul's Run Bells Concert-A 6:30 Acting for Fun! Monologues-A 8:15 Eagles vs. Falcons-FOX	17 Full Moon 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:00 Men's Club Luncheon-GH Pizza Party 12:30 Ben & Irv's Deli-A & B Lobby 1:00 BINGO-A 2:00 Bereavement Support Group-CH 2:30 Crochet & Knitting Club-A 7:00 Karaoke with Tyra-A	18 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Music Entertainment-A Massimo Brutto 7:00 Evening BINGO: \$1/Card-A	19 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Trivia BINGO- A I Love America Edition 2:30 Music & Memories-A 3:30 & 5:00 Outdoor BBQ-B Lobby Space Limited. RSVP Required. 7:00 Resident Movie Choice-A Sister Act 2 (1993)	20 9:00 Morning Prayers-C 9:30 Walmart Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Taste Queen Chinese A & B Lobby 1:30 Choir Rehearsal-ML 2:00 Ice Cream Social-GH 7:00 Shabbat-C	21 Oktoberfest Begins 10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:30 Music Documentary-A Frank Sinatra: At The Royal Festival Hall 51 min 7:00 Evening Movie-A Ezra (2024)

# Paul's Run Independent Living September 2024 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22</p> <p>First Day of Autumn</p> <p>9:00 Catholic Mass-A</p> <p>9:45 Sunday Coffee-GH</p> <p>10:00 Bell Choir Rehearsal-A</p> <p>10:45 Protestant Services-C</p> <p>1:00 Chair Dancing-A</p> <p>1:00 Eagles vs. Saints-FOX 29</p> <p>2:30 Music BINGO!-A</p> <p>Songs of the Autumn Season</p>	<p>23</p> <p>9:00 Catholic Mass-C</p> <p>9:30 Bell Choir Rehearsal-Gym</p> <p>9:30 Errand &amp; Bank Run-A &amp; B Lobby</p> <p>10:30 Chair Aerobics with Matt-A</p> <p>11:00 Yoga with Brian-C</p> <p>12:30 ShopRite Trip-A &amp; B Lobby</p> <p>1:00 Chaplain's Chat-LW</p> <p>1:00 Steve Pollock Lecture Series-A</p> <p>On Stage Now: Exploration of Broadway</p> <p>6:30 Acting for Fun! Monologues-A</p> <p>7:00 Monday Evening Documentary-GH</p> <p>The Other Shore (2013)</p>	<p>24</p> <p>9:30 Morning Prayers-C</p> <p>9:30 Acme &amp; Errand Run-A &amp; B Lobby</p> <p>10:00 Catholic Mass-C</p> <p>10:30 Balance with Matt-A</p> <p>12:30 Parx Casino &amp; Race Track</p> <p>A &amp; B Lobby</p> <p>1:15 BINGO-A</p> <p>2:30 Passages-A</p> <p>2:30 Crochet &amp; Knitting Club-GH</p> <p>7:00 Music Entertainment-A</p> <p>Parlour Noir Swing Band</p>	<p>25</p> <p>9:00 Catholic Mass-C</p> <p>9:30 ShopRite Trip-A &amp; B Lobby</p> <p>11:00 Whole Body Strength with Matt-A</p> <p>11:00 Interfaith Community Group-RR</p> <p>12:30 Dollar Tree-A &amp; B Lobby</p> <p>1:00 Mostly Standing Aerobics-Gym</p> <p>1:00 B Building Town Hall-B Lobby</p> <p>2:00 Resident Expert Lecture Series-A</p> <p>Exploring (and Tasting) NA Beers with Ernie Schuyler</p> <p>2:00 Food Committee Meeting-BR</p> <p>3:30 Evening Trip to Olive Garden</p> <p>Depart from Main Lobby</p> <p>7:00 Evening BINGO: \$1/Card-A</p>	<p>26</p> <p>9:00 Exposition Prayer-C</p> <p>9:30 Dollar Tree-A &amp; B Lobby</p> <p>10:00 Walking Club with Matt-ML</p> <p>10:00 Community Service Club-GH</p> <p>11:00 Yoga with Brian-C</p> <p>12:30 Acme &amp; Errand Run</p> <p>A &amp; B Lobby</p> <p>1:00-2:30 A Building Town Halls</p> <p>Check Flyers for Times &amp; Location</p> <p>1:15 Bowling with Stacy-A</p> <p>2:30 Broadway Sing with Molly-A</p> <p>7:00 Thursday Night Movie-A</p> <p>The Union (2024)</p>	<p>27</p> <p>9:00 Morning Prayers-C</p> <p>9:30 Breakfast at Perkins</p> <p>A &amp; B Lobby</p> <p>10:00 Catholic Mass-C</p> <p>10:45 Balance with Matt-A</p> <p>12:30 Holy Redeemer Thrift Store</p> <p>A &amp; B Lobby</p> <p>1:30 Choir Rehearsal-A</p> <p>2:00 Wine &amp; Cheese-GH</p> <p>7:00 Shabbat-C</p>	<p>28</p> <p>10:00 Morning Coffee-GH</p> <p>10:15 Current Events with Tyra-GH</p> <p>11:00 Matt Exercise Video-A</p> <p>1:30 Culinary Corner with Tyra-GH</p> <p>Cinnamon Buns</p> <p>2:00 Cooking Trivia-GH</p> <p>7:00 Sunday Movie-A</p> <p>Wicked Little Letters (2023)</p>
<p>29</p> <p>9:00 Catholic Mass-A</p> <p>9:45 Sunday Coffee-GH</p> <p>10:00 Bell Choir Rehearsal-A</p> <p>10:45 Protestant Service-C</p> <p>1:00 Eagles vs. Tampa Bay-FOX 29</p> <p>1:00 Chair Dancing-A</p> <p>2:30 Singing with Ryann-A</p>	<p>30</p> <p>9:00 Catholic Mass-C</p> <p>9:30 Bell Choir Rehearsal-Gym</p> <p>9:30 Errand &amp; Bank Run-A &amp; B Lobby</p> <p>10:30 Chair Aerobics with Matt-A</p> <p>11:00 Yoga with Brian-C</p> <p>12:30 ShopRite Trip-A &amp; B Lobby</p> <p>1:00 Chaplain's Chat-LW</p> <p>1:30 Fall Prevention Lecture-A</p> <p>Hosted by BAYADA</p> <p>2:30 October Calendar Chat with Molly &amp; Stacy-A</p> <p>6:30 Acting for Fun! Scene Study-A</p>	<p><b>** All Programs Subject to Change **</b></p> <p><b>**Location**</b></p> <p>A— Auditorium</p> <p>GH — Greenhouse</p> <p>RR — Recreation Room</p> <p>ML — Main Lobby</p> <p>C — Chapel</p> <p>LW — Liberty Walk</p> <p>MDR — Main Dining Room</p>		<p>Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library</p>		

## September Highlights

National Hispanic Heritage Month  
 Labor Day  
 Grandparents' Day  
 First Day of Autumn  
 Oktoberfest

