



# PAUL'S RUN PERSONAL CARE 4TH FLOOR COMMUNITY LIFE EVENTS CALENDAR FOR JULY 2024




Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>ROOM KEY</b></p> <p>3-3RD FLOOR DINING ROOM 4-4TH FLOOR DINING ROOM AUD-AUDITORIUM CH-CHAPEL ML- MAIN LOBBY GH- GREENHOUSE RR-RECERATION ROOM</p>	<p><b>1</b></p> <p>9:00 CATHOLIC MASS-CH 11:00 JULY TRIVIA-4 1:00 STRENGTH TRAINING WITH MATT-4 2:00 DIANA, PRINCESS OF WALES DOCUMENTARY-4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY &amp; WHEEL OF FORTUNE (TV 6)</p>	<p><b>2</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:30 MUSIC &amp; MOVEMENT-4 11:00 RED,WHITE AND BLUE QUIZ-4 1:30 MUSIC WITH RYANN-4 2:30 BINGO-4 3:30 FRIENDLY VISITS-4</p>	<p><b>3</b></p> <p>9:00 CATHOLIC MASS-CH 9:45 MORNING ROOM CHATS-4 10:30 EXERCISE-4 11:00 PATRIOTIC SING-A-LONG-4 2:00 A SALUTE TO THE RED,WHITE AND BLUE/MEMORABLE PERFORMANCES FROM "THE ED SULLIVAN SHOW"-4</p>	<p><b>4 INDEPENDENCE DAY</b></p> <p>9:45 MORNING ROOM CHATS-4 11:00 INDEPENDENCE DAY TRIVIA-4 2:00 LIVE ENTERTAINMENT/DENISE BUCKNO-AUD 3:30 FRIENDLY VISITS-4</p>	<p><b>5</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:45 QUICK STRETCH 2:30 SHABBAT (CH) 2:30 4TH OF JULY SOCIAL-3 3:30 FRIENDLY VISITS-4</p>	<p><b>6</b></p> <p>9:45 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-3/4</p>	
	<p><b>7</b></p> <p>9:00 CATHOLIC MASS-AUD 10:00 MORNING ROOM CHATS-3/4 1:00 WORSHIP SERVICE-CH 2:00 BINGO-4 3:30 FRIENDLY VISITS-4</p>	<p><b>8</b></p> <p>9:00 CATHOLIC MASS-CH 10:00 MORNING ROOM CHATS-4 11:00 RANDOM TRIVIA 1:00 STRENGTH TRAINING WITH MATT-4 2:30 RESIDENT COUNCIL-4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY &amp; WHEEL OF FORTUNE (TV 6)</p>	<p><b>9</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:30 MUSIC &amp; MOVEMENT-4 11:00 JULY JEOPARDY-4 2:00 BINGO-4 3:30 FRIENDLY VISITS-4</p>	<p><b>10</b></p> <p>9:00 CATHOLIC MASS-CH 9:45 MORNING ROOM CHATS-4 10:30 POOL NOODLE HOCKEY-4 11:00 SCRAMBLE JULY WORDS-4 11:00 COMMUNITY OUTING/PARX RACING 2:00 LIVE ENTERTAINMENT/ALEXANDRA DAY-3</p>	<p><b>11</b></p> <p>9:45 MORNING ROOM CHATS-4 10:30 SING-A-LONG VIDEO-4 11:00 STRENGTH TRAINING WITH MATT-4 2:00 KARAOKE-4 3:30 FRIENDLY VISITS-4</p>	<p><b>12</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:45 QUICK STRETCH 11:00 READ MY LIST-4 1:30 CHOIR REHEARSAL-ML 2:30 SHABBAT (CH) 2:30 CORN DOG SOCIAL-4 3:30 FRIENDLY VISITS-4</p>	<p><b>13</b></p> <p>9:45 MORNING ROOM CHATS-3/4 10:30 CROISSANT AND TRAVELOGUE/DESTINATION: SUMMER IN PARIS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-3/4</p>
	<p><b>14</b></p> <p>9:00 CATHOLIC MASS-AUD 10:00 BELL CHOIR PRACTICE-AUD 10:00 MORNING ROOM CHATS-3/4 10:45 WORSHIP SERVICE-CH 2:00 BINGO-4 3:30 FRIENDLY VISITS-4</p>	<p><b>15</b></p> <p>9:00 CATHOLIC MASS-CH 10:00 MORNING ROOM CHATS-4 10:30 EXERCISE -4 11:00 WORD TEASERS/ ALL AMERICAN TRIVIA-4 1:00 STRENGTH TRAINING WITH MATT-4 2:00 JOHN GLENN AMERICAN HERO/DOCUMENTARY-4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY &amp; WHEEL OF FORTUNE (TV 6)</p>	<p><b>16</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:30 MUSIC &amp; MOVEMENT-4 11:00 JULY CROSSWORD PUZZLE-4 1:30 MUSIC WITH RYANN-4 2:30 BINGO-4 3:30 FRIENDLY VISITS-4</p>	<p><b>17</b></p> <p>9:00 CATHOLIC MASS-CH 9:45 MORNING ROOM CHATS-4 10:30 INFLATABLE BASKETBALL GAME-4 11:00 GUESS THE CEREAL/FOOD-4 2:00 LIVE ENTERTAINMENT/BRIGHT KELLY-AUD</p>	<p><b>18</b></p> <p>9:45 MORNING ROOM CHATS-4 10:30 SING-A-LONG VIDEO-4 11:00 STRENGTH TRAINING WITH MATT-4 2:00 COOKING DEMO WITH CHRIS-3 3:30 FRIENDLY VISITS-4</p>	<p><b>19</b></p> <p>9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:45 QUICK STRETCH 11:00 HOW GOOD IS YOUR GENERAL KNOWLEDGE? -4 1:30 CHOIR REHEARSAL-ML 2:30 SHABBAT (CH) 2:30 PINK &amp; PURPLE SOCIAL-4 3:30 FRIENDLY VISITS-4</p>	<p><b>20</b></p> <p>9:45 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-3/4</p>



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>21</b> 9:00 CATHOLIC MASS-AUD 10:00 BELL CHOIR PRACTICE-AUD 10:00 MORNING ROOM CHATS-3/4 10:45 WORSHIP SERVICE-CH 2:00 BINGO-4 3:30 FRIENDLY VISITS-4	<b>22</b> 9:00 CATHOLIC MASS-CH 10:30 EXERCISE-4 11:00 FINISH THE SONG LYRICS-4 1:00 STRENGTH TRAINING WITH MATT-4 2:30 INSIDE SCOTLAND'S ZOO DOCUMENTARY -4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY & WHEEL OF FORTUNE (TV 6)	<b>23</b> 9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:30 MUSIC & MOVEMENT-4 11:00 HANGMAN-4 1:30 MUSIC WITH RYANN-4 2:30 BINGO-4 3:30 FRIENDLY VISITS-4	<b>24</b> 9:00 CATHOLIC MASS-CH 9:45 MORNING ROOM CHATS-4 10:30 CORNHOLE -4 11:00 WORDSCAPES-4 2:00 LIVE ENTERTAINMENT/CLAUDIA PELLEGRINI-3 3:30 FRIENDLY VISITS-4	<b>25</b> 9:45 MORNING ROOM CHATS-4 10:30 SING-A-LONG VIDEO-4 11:00 STRENGTH TRAINING WITH MATT-4 2:00 CHRISTMAS IN JULY/MOVIE AND TREATS-4 2:30 FOOD COMMITTEE MEETING -3 3:30 FRIENDLY VISITS-4	<b>26</b> 9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:45 QUICK STRETCH-4 2:30 SHABBAT (CH) 2:30 HOT FUDGE SUNDAE SOCIAL-4 3:30 FRIENDLY VISITS-4	<b>27</b> 9:45 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-4
<b>28</b> 9:00 CATHOLIC MASS-AUD 10:00 BELL CHOIR PRACTICE-AUD 10:00 MORNING ROOM CHATS-3/4 10:45 WORSHIP SERVICE-CH 2:00 BINGO-4 3:30 FRIENDLY VISITS-4	<b>29</b> 9:00 CATHOLIC MASS-CH 11:00 FINISH THE PHRASE-4 1:00 STRENGTH TRAINING WITH MATT-4 2:00 HENRY FORD/CREATOR OF FIRSTAMERICAN CAR/DOCUMENTARY-4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY & WHEEL OF FORTUNE (TV 6)	<b>30</b> 9:45 MORNING ROOM CHATS-4 10:00 CATHOLIC MASS-CH 10:30 MUSIC & MOVEMENT-4 11:00 THE PRICE IS RIGHT-4 1:30 MUSIC WITH RYANN-4 2:30 BINGO-4 3:30 FRIENDLY VISITS-4	<b>31</b> 9:00 CATHOLIC MASS-CH 9:45 MORNING ROOM CHATS-4 10:30 GIANT DARTS-4 11:00 FILL IN THE BLANK-4 1:00 COMMUNITY OUTING/WALMART 2:00 LIVE ENTERTAINMENT/ARLYN WOLTERS-AUD 3:30 FRIENDLY VISITS-4	<u>QUOTE OF THE MONTH</u>  <p style="text-align: center;">May we think of freedom not as the right to do as we please, but as the opportunity to do what is right.</p> <p style="text-align: center;">PETER MARSHALL</p>	<u>JULY BIRTH FLOWER:</u> <p style="text-align: center;"><u>LARKSPUR</u></p> 	
<b>*ALL ACTIVITIES ARE SUBJECT TO CHANGE *</b>		<u>JULY HIGHLIGHTS</u>  INDEPENDENCE DAY  LUNCHEON AND DINNER MUSIC WILL BE ON 3 <sup>RD</sup> AND 4 <sup>TH</sup> FLOOR AT 11:45 AM AND 4:30 PM DAILY. IF YOU HAVE ANY QUESTIONS ABOUT COMMUNITY LIFE PROGRAMS PLEASE CONTACT ALLA OR JEFF EX: 3144				