


Paul's Run Independent Living August 2024 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	** All Programs Subject to Change **		Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library	<div style="text-align: right;">1</div> 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run-A & B Lobby 1:00-3:00 A Building Mandatory Fire Safety Training-See Flyer for Time & Location 1:15 POKENO-A 2:30 Music & Memories-A 7:00 Thursday Night Concert-A <i>Mussorgsky/Ravel's Pictures at an Exhibition</i>	<div style="text-align: right;">2</div> 9:00 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Feline Friends Trip-Depart ML <i>Le Cat Café on Girard Ave</i> 1:30 Choir Rehearsal-ML 2:00 Wine & Cheese-GH 7:00 Shabbat-A	<div style="text-align: right;">3</div> 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 7:00 Scrabble Night-A
	Location A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room					
	<div style="text-align: right;">4</div> 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Music BINGO with Stefanie-A	<div style="text-align: right;">5</div> 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir Rehearsal-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 B Building Mandatory Fire Safety Training-B Lobby 1:00 Chaplain's Chat-LW 1:30 Monday Musical-A <i>Funny Girl (1968)</i> 7:00 Resident Movie Choice-A <i>Spirit of St Louis (1957)</i>		<div style="text-align: right;">6</div> 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 11:00 Word Mining with Stacy-GH 10:30 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Paint & Sip with Tyra-A	<div style="text-align: right;">7</div> 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Walmart Supercenter A & B Lobby 1:00 Women's Group-GH 1:00 Mostly Standing Aerobics-Gym 2:00 Staff Expert Lecture Series-A <i>Hiking the Appalachian Trail with Molly</i> 7:00 Evening BINGO: \$1/Card-A	<div style="text-align: right;">8</div> 9:00 Exposition Prayer-C 9:30 Aldi Run-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Bristol Riverside Theatre A & B Lobby Neil Diamond Experience **Advance Ticket Required** 1:15 Bowling with Stacy-A 2:30 Music & Memories-A 7:00 Thursday Night Concert-A Judy Garland Featuring Frank Sinatra & Dean Martin
<div style="text-align: right;">11</div> 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 2:00 Drum Circle with Percussionist Joe Tayoun-A	<div style="text-align: right;">12</div> 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir Rehearsal-Gym 10:30 Exercise Video with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 1:00 Men's Club Lecture Series-GH Special Topic 2:00 American Pop Flashback!-A Hits of the 60s & 70s 7:00 Resident Movie Choice-A <i>Jumping the Broom (2011)</i>	<div style="text-align: right;">13</div> 9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Exercise Video with Matt-A 12:30 Jenkintown: Trader Joe's/Whole Foods/Ross-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Crafters' Corner with Tyra-A Jewelry Making	<div style="text-align: right;">14</div> 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Exercise Video with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 2:00 Afternoon Orchestra-A Dudamel Conducts Beethoven Symphony No 9 7:00 Evening BINGO: \$1/Card-A	<div style="text-align: right;">15</div> 9:00 Exposition Prayer-C 9:30 GIANT Grocery Store A & B Lobby 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:30 POKENO with Tyra-A 7:00 Thursday Night Concert-A Audra McDonald at London Palladium (2024)	<div style="text-align: right;">16</div> 9:00 Morning Prayers-C 9:30 Breakfast at Tiffany Diner A & B Lobby 10:00 Catholic Mass-C 10:45 Exercise Video with Matt-A 12:30 Ben & Irv's Deli-A & B Lobby 2:00 Ice Cream Novelties Front Patio 7:00 Shabbat-A	<div style="text-align: right;">17</div> 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 2:00 Live Entertainment with Calvin Pressley-A

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Full Moon 18</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Services-C 2:00 Music BINGO with Stefanie-A</p>	<p>19</p> <p>9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 1:30 Ensuring Safety & Preventing Falls-A Health Lecture by BAYADA 7:00 Resident Movie Choice-A Cabrimi (2024)</p>	<p>20</p> <p>9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Jeopardy Trivia with Stacy-GH 12:00 Men's Club Luncheon 12:30 Parx Casino & Race Track A & B Lobby 1:00 BINGO-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Karaoke with Tyra-A</p>	<p>21</p> <p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Liberty Ministries Thrift Store A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Music Entertainment with Marcus Chaney-A 3:00 Evening Trip to Andonio's Diner A & B Lobby 7:00 Evening BINGO: \$1/Card-A</p>	<p>Wear your Phillies Gear! 22</p> <p>9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 10:00 Community Service Club- GH 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 Bowling with Stacy-A 2:30 Broadway Sing with Molly-A 7:00 Thursday Evening Movie-A Find Me Falling (2024)</p>	<p>23</p> <p>9:00 Morning Prayers-C 9:30 Aldi Run-A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Olive Garden-A & B Lobby 1:30 Choir Rehearsal-A 2:00 Water Ice & Pretzel Bites GH 7:00 Shabbat-A</p>	<p>24</p> <p>10:00 Morning Coffee-GH 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A Phil Collins, Classic Albums: Face Value 50 min</p>
<p>25</p> <p>9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 1:00 Chair Dancing-A 2:30 Creative Music Ensemble-A</p>	<p>26</p> <p>9:00 Catholic Mass-C 9:30 Bell Choir Rehearsal-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-LW 1:00 Steve Pollock Lecture Series-A On Stage Now: Exploration of Broadway 7:00 Monday Night Movie-A Summer Camp (2024)</p>	<p>27</p> <p>9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Who? What? Where? Trivia with Stacy-GH 12:30 Willow Grove Mall-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Comedy Night with Glen Freezman-A</p>	<p>28</p> <p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Community Group-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Flower Arranging with Stacy-A 2:00 Food Committee Meeting-BR 7:00 Evening BINGO: \$1/Card-A</p>	<p>29</p> <p>9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO with Stacy-A 2:30 September Calendar Chat with Molly & Stacy-A 7:00 Thursday Night Movie-A Mr. Malcolm's List (2022)</p>	<p>30</p> <p>9:00 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Holy Redeemer Thrift Store A & B Lobby 1:30 Choir Rehearsal-A 7:00 Shabbat-A</p>	<p>31</p> <p>10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:15 Culinary Corner with Tyra-GH Frozen Margaritas 2:00 Trivia with Tyra-GH</p>

August Highlights

National Wellness Month
National Dog Month

