


# Paul's Run Independent Living May 2024 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>** All Programs Subject to Change **</b>		<b>May Day</b> 1	2	3	4
	<b>**Location**</b> <b>A— Auditorium</b> <b>GH — Greenhouse</b> <b>RR — Recreation Room</b> <b>ML — Main Lobby</b> <b>C — Chapel</b> <b>LW — Liberty Walk</b> <b>MDR — Main Dining Room</b>		9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:00 Women's Community Gathering-GH Mother's Day Tea 2:00 Paul's Run Singers Concert-A 7:00 Evening BINGO-A	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Tom Petty & the Heartbreakers-A Live at Soundstage (2003) 7:00 Cinco de Mayo Performance-A Magadaliz & her Latin Band	9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Yoga with Brian-C 12:30 Dollar Tree-A & B Lobby 12:30 Feline Friends Meeting-GH 1:00 Gershwin Prize: Celebrating Elton John & Bernie Taupin-A 1:30 Paul's Run Singers Watch Party-GH 2:30 Shabbat-C 7:00 Shabbat-A	10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:30 Saturday Matinee-A The Boys in the Boat (2023)
<b>Cinco de Mayo</b> 5	6	<b>General Store Flower Sale</b> 7	8	9	10	11
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Interfaith Prayers-C 1:30 Afternoon Orchestra-A Mahler Symphony No.8 Conducted by Gustavo Dudamel 7:00 Monday Night Movie-A Shirley (2024)	9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 New Resident Welcome Brunch *Invitation Required*-MDR 12:30 Bristol Waterfront-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Paul's Run Night at the Casino-A	9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Flower Arranging with Stacy-A Mother's Day Edition Sign Up Required 7:00 Wednesday Music Documentary-A Now More Than Ever: The History of Chicago (2016)	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Music & Memories-A 7:00 Evening BINGO-A	9:00 Morning Prayers-C 9:30 Breakfast at Tiffany Diner A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Bristol Amish Market A & B Lobby 1:30 Ice Cream Sundae Social-GH 2:30 Shabbat-C 7:00 Shabbat-A	10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt's Exercise Video-A 1:15 Crafting with Tyra-A Mother's Day Tumblers 2:15 Famous Mothers Trivia w/ Tyra
<b>Mother's Day</b> 12	<b>National Nursing Home Week</b> 13	14	<b>Resident Council Election</b> 15 <b>Nominations Due</b>	16	17	18
9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Worship-C 12-2:00 Special Early Mother's Day Dinner-MDR 2:00 Drum Circle with Percussionist Joe Tayoun-A	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Interfaith Prayers-C 1:00 Men's Club Lecture Series-GH Special Topic 2:00 Swan Lake: Ice Dance with the Imperial Ice Stars-A 7:00 Monday Night Movie-A Anyone But You (2023)	9:30 Morning Prayers-C 9:30 Errand & Acme Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-ML 11:00 Jeopardy Trivia with Stacy-GH 12:30 Parx Casino & Race Track A & B Lobby 2:30 Crochet & Knitting Club-GH 7:00 Paint & Sip with Tyra-A Picture Frames	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:00 Music Entertainment-A Violinist Alice Marie 7:00 Wednesday Night Movie-A Mother of the Bride (2024)	9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Broadway Sing with Molly-A 7:00 Evening BINGO-A	9:00 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Holy Redeemer Thrift Store A & B Lobby 1:30 Afternoon Musical Matinee-A The Prince of Egypt: The Musical (2023) 2:30 Shabbat-C 7:00 Shabbat-A	10:00 Morning Coffee-GH 11:00 Matt's Exercise Video-A 1:15 BINGO-A 2:30 Afternoon Documentary-A The Dick Van Dyke Show (REMEMBERED) 47 min

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Services-C 2:00 Creative Music Ensemble-A	20 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Interfaith Prayers-C 1:00 Steve Pollock Lecture-A On Stage Now: Exploration of Broadway-A 7:00 Monday Night Movie-A Poor Things (2023)	21 General Store Flower Sale 9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Word Mining with Stacy-GH 12:00 Men's Club Ice Cream Social-LW 12:30 Jenkintown: Trader Joe's/Whole Foods/Ross-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 7:00 Karaoke with Tyra-A	22 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 12:30 Willow Grove Mall-A & B Lobby 1:00 Mostly Standing Aerobics-Gym 2:30 Wellness Lecture on Brain Health Hosted by BAYADA-A 3:30 Evening Trip to Taste Queen Chinese Restaurant-A & B Lobby 7:00 Resident Movie Choice-A Redwood Highway (2013)	23 Full Moon 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 10:30 Community Service Club-GH 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Tony Bennett: Duets II (2012)-A 7:00 Evening BINGO-A	24 9:00 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Liberty Ministries Thrift Store A & B Lobby 1:30 Water Ice & Pretzel Bites-GH 2:30 Shabbat-C 7:00 Shabbat-A	25 10:00 Morning Coffee-GH 10:15 Current Events with Tyra-GH 11:00 Matt Exercise Video-A 1:15 BINGO-A 2:30 Willie Nelson: Legends in Concert-A
26 9:00 Catholic Mass-A 9:45 Sunday Coffee-GH 10:00 Bell Choir Rehearsal-A 10:45 Protestant Service-C 1:00 Music BINGO-A Spring time songs	27 Memorial Day 10:00 Catholic Mass-C 10:30 Exercise Video with Matt-A 11:00 Yoga with Brian-C 2:00 Memorial Day Entertainment-A Marc Sherman 7:00 Memorial Day Movie-A Meagan Leavey (2017)	28 9:30 Morning Prayers-C 9:30 Acme & Errand Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Trivia with Stacy-GH 12:30 ShopRite Trip-A & B Lobby 1:15 BINGO-A 2:00 Bereavement Support Group-C 2:30 Crochet & Knitting Club-A 7:00 Pictionary with Tyra-A	29 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 12:30 Walmart Supercenter A & B Lobby 1:00 Mostly Standing Aerobics-Gym 1:30 Book Club Meeting-RR 2:00 Music Entertainment-A Ari Sussman 2:00 Food Committee Meeting-BR 7:00 Wednesday Evening Movie-A The Beautiful Game (2024)	30 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Walking Club with Matt-ML 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 June Calendar Chat with Molly & Stacy-A 7:00 Evening BINGO-A	31 General Store Pastry Sale 9:00 Morning Prayers-C 9:30 GIANT Grocery Store A & B Lobby 10:00 Catholic Mass-C 10:45 Balance with Matt-A 12:30 Ben & Irv's Deli-A & B Lobby 1:30 Choir Rehearsal-ML 2:30 Shabbat-C 7:00 Shabbat-A	Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library



**May Highlights**  
**Asian Pacific American Heritage Month**  
**May Day**  
**Cinco de Mayo**  
**National Nursing Home Week**  
**Mother's Day**  
**Memorial Day**

