



PAUL'S RUN PERSONAL CARE 4TH FLOOR COMMUNITY LIFE EVENTS CALENDAR DECEMBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>ROOM KEY</u> 3-3RD FLOOR DINING ROOM 4-4TH FLOOR DINING ROOM AUD-AUDITORIUM CH-CHAPEL ML-MAIN LOBBY GH-GREENHOUSE RR-RECREATION ROOM	<u>QUOTE OF THE MONTH</u> God gave us memories so that we may have roses in December.” J.M. Barrie	<u>DECEMBER BIRTH FLOWER: NARCISSUS</u> 			1 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:45 QUICK STRETCH-4 11:00 RANDOM TRIVIA-4 <u>12:30 FELINE FRIENDS MEETING-GH</u> <u>2:00 WINTER JEOPARDY-3</u> 2:15 SHABBAT (CH) 3:30 FRIENDLY VISITS-4	2 9:00 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 <u>1:30 MOVIE MATINEE-4</u> 3:30 FRIENDLY VISITS-3/4
3 <u>FIRST SUNDAY OF ADVENT</u> <u>9:00 CATHOLIC MASS-AUD</u> 10:00 MORNING ROOM CHATS-3/4 10:00 BELL PRACTICE-AUD <u>10:45 WORSHIP SERVICE-CH</u> <u>2:00 BINGO-4</u> 3:30 FRIENDLY VISITS-3/4	4 <u>9:00 CATHOLIC MASS-CH</u> 9:30 BELL PRACTICE-GYM 10:30 EXERCISE-4 11:00 DECEMBER TRIVIA-4 <u>1:00 STRENGTH TRAINING WITH MATT-4</u> 1:45 CREATIVE MUSIC GROUP-4 2:30 POOL NOODLE HOCKEY-4 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY & WHEEL OF FORTUNE (TV 6)	5 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:30 MUSIC & MOVEMENT-4 11:00 TRUE OR FALSE QUESTIONS-4 1:30 CREATIVE MUSIC GROUP-4 2:30 BINGO-4 3:30 FRIENDLY VISITS-4 5:00 SHADY BROOK FARM HOLIDAY LIGHT SHOW TRIP	6 <u>9:00 CATHOLIC MASS-CH</u> 9:45 MORNING ROOM CHATS-4 10:30 CHAIR EXERCISE-4 11:00 FINISH THE PHRASE-4 <u>2:00 LIVE ENTERTAINMENT/</u> 3:30 FRIENDLY VISITS-4	7 <u>PEARL HARBOR REMEMBRANCE DAY HANUKKAH BEGINS</u> 9:45 MORNING ROOM CHATS-4 <u>10:15 STRENGTH TRAINING WITH MATT-4</u> 11:00 SING-A-LONG VIDEO-4 <u>2:00 LIVE ENTERTAINMENT/6</u> <u>YEAR OLD ZOE ERIANNA-AUD</u> 3:30 FRIENDLY VISITS-4 <u>3:40 HANUKKAH CANDLE LIGHTING-4</u>	8 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:45 QUICK STRETCH-4 11:00 HANUKKAH TRUE OR FALSE-4 1:30 CHOIR REHEARSAL-ML <u>2:15 SHABBAT AND CANDLE LIGHTING (CH)</u> <u>2:30 HANUKKAH SOCIAL-4</u> 3:30 FRIENDLY VISITS-4	9 9:00 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 <u>1:30 MOVIE MATINEE-4</u> 3:30 FRIENDLY VISITS-3/4
10 <u>9:00 CATHOLIC MASS-AUD</u> 9:00 MORNING ROOM CHATS-3/4 10:00 BELL PRACTICE-AUD <u>10:45 WORSHIP SERVICE-CH</u> <u>2:00 BINGO-4</u> 3:30 FRIENDLY VISITS-3/4	11 <u>9:00 CATHOLIC MASS-CH</u> 9:30 BELL PRACTICE-GYM 10:00 MORNING ROOM CHATS-4 10:30 EXERCISE-4 11:00 THIS AND THAT-4 <u>1:00 STRENGTH TRAINING WITH MATT-4</u> 1:45 CREATIVE MUSIC GROUP-4 <u>2:30 RESIDENT COUNCIL-4</u> 3:30 FRIENDLY VISITS-4 <u>3:40 HANUKKAH CANDLE LIGHTING-4</u> 7:00-8:00 JEOPARDY & WHEEL	12 <u>LATKE-PALOOZA</u> 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:30 MUSIC & MOVEMENT-4 11:00 FAMILY FUED-4 1:30 CREATIVE MUSIC GROUP-4 <u>2:30 BINGO-4</u> 3:30 FRIENDLY VISITS-4 <u>3:40 HANUKKAH CANDLE LIGHTING-4</u>	13 <u>9:00 CATHOLIC MASS-CH</u> 9:45 MORNING ROOM CHATS-4 10:30 GENTLE SEATED YOGA-4 11:00 READ MY LIST-4 <u>2:00 LIVE ENTERTAINMENT/ PHILLY SENIOR STAGE-AUD</u> 3:30 FRIENDLY VISITS-4 <u>3:40 HANUKKAH CANDLE LIGHTING-4</u>	14 9:45 MORNING ROOM CHATS-4 <u>10:15 STRENGTH TRAINING WITH MATT-4</u> 11:00 SING-A-LONG VIDEO-4 <u>1:45 HOLIDAY KARAOKE-AUD</u> 3:30 FRIENDLY VISITS-4 <u>3:40 HANUKKAH CANDLE LIGHTING-4</u>	15 <u>HANUKKAH ENDS</u> 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:45 QUICK STRETCH-4 11:00 HANUKKAH TRADITIONS AND THEIR ORIGINS-4 1:30 CHOIR REHEARSAL-ML <u>2:15 SHABBAT AND CANDLE LIGHTING (CH)</u> <u>2:30 HOT CHOCOLATE SOCIAL-4</u> 3:30 FRIENDLY VISITS-4	16 9:00 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 <u>1:30 MOVIE MATINEE-4</u> 3:30 FRIENDLY VISITS-3/4



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
17 <u>9:00 CATHOLIC MASS-CH</u> 10:00 MORNING ROOM CHATS-3/4 10:00 BELL PRACTICE-AUD <u>10:45 WORSHIP SERVICE-CH</u> <u>2:00 BINGO-4</u> 3:30 FRIENDLY VISITS-3/4	18 <u>9:00 CATHOLIC MASS-CH</u> 9:30 BELL PRACTICE-GYM 10:30 EXERCISE-4 11:00 WHO ARE WE?-4 <u>1:00 STRENGTH TRAINING WITH MATT-4</u> <u>2:00 PAUL'S RUN BELLS HOLIDAY CONCERT-AUD</u> 3:30 FRIENDLY VISITS-4 7:00-8:00 JEOPARDY & WHEEL OF FORTUNE (TV 6)	19 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:30 MUSIC & MOVEMENT-4 11:00 FACTS AND FUN-4 1:30 CREATIVE MUSIC GROUP-4 <u>2:30 BINGO-4</u> 3:30 FRIENDLY VISITS-4	20 <u>9:00 CATHOLIC MASS-CH</u> 9:45 MORNING ROOM CHATS-4 10:30 SEATED WORKOUT-4 11:00 CHRISTMAS MUSIC TRIVIA-4 <u>1:00 COMMUNITY OUTING/ DOLLAR TREE</u> <u>2:00 LIVE ENTERTAINMENT/ DELAWARE VALLE CHORAL SOCIETY-AUD</u> 3:30 FRIENDLY VISITS-4	21 FIRST DAY OF WINTER 9:45 MORNING ROOM CHATS-4 <u>10:15 STRENGTH TRAINING WITH MATT-4</u> 11:00 HOLIDAY SING-A-LONG -4 <u>2:00 PAUL'S RUN SINGERS HOLIDAY CONCERT-AUD</u> 3:30 FRIENDLY VISITS-4 	22 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> <u>10:30 MaST CHARTER SCHOOL HOLIDAY CONCERT-A</u> <u>1:30 CHOIR CONCERT WATCH PARTY-AUD</u> <u>2:15 SHABBAT (CH)</u> 3:30 FRIENDLY VISITS-4	23 9:00 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-3/4
24 CHRISTMAS EVE <u>9:00 CATHOLIC MASS-CH</u> 10:00 MORNING ROOM CHATS-3/4 <u>10:45 WORSHIP SERVICE-CH</u> <u>2:30 CHRISTMAS EVE SOCIAL-4</u>	25 CHRISTMAS DAY <u>9:00 CHRISTMAS MASS-AUD</u> 9:45 MORNING ROOM CHATS-4 <u>1:30 HALLMARK MOVIE CHANNEL CHRISTMAS MOVIE MATINEE(CH 28)</u> 7:00-8:00 JEOPARDY & WHEEL OF FORTUNE (TV 6)	26 KWANZAA BEGINS 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 11:00 ALL ABOUT KWANZAA-4 <u>2:30 BINGO-4</u> 3:30 FRIENDLY VISITS-4 	27 <u>9:00 CATHOLIC MASS-CH</u> 9:45 MORNING ROOM CHATS-4 10:30 CHAIR EXERCISE BINGO-4 11:00 NATIONAL VISIT THE ZOO DAY/ ANIMAL TRIVIA-4 <u>2:00 LIVE ENTERTAINMENT/</u> 3:30 FRIENDLY VISITS-4	28 9:45 MORNING ROOM CHATS-4 <u>10:15 SEATED SENIOR AEROBICS VIDEO-4</u> 11:00 SING-A-LONG VIDEO-4 1:30 Pictionary-4 <u>2:30 FOOD COMMITTEE MEETING -3</u> 3:30 FRIENDLY VISITS-4	29 9:45 MORNING ROOM CHATS-4 <u>10:00 CATHOLIC MASS-CH</u> 10:45 QUICK STRETCH-4 11:00 WHICH HAPPENED LAST?-4 <u>2:00 HOLIDAY KARAOKE-3</u> <u>2:15 SHABBAT (CH)</u> 3:30 FRIENDLY VISITS-4	30 9:00 MORNING ROOM CHATS-3/4 10:30 COFFEE AND CONVERSATIONS-4 1:30 MOVIE MATINEE-4 3:30 FRIENDLY VISITS-3/4
31 NEW YEAR'S EVE 9:00 MORNING ROOM CHATS-3/4 <u>9:00 CATHOLIC MASS-CH</u> <u>10:45 WORSHIP SERVICE-CH</u> <u>2:00 BINGO-4</u> 	 DECEMBER HIGHLIGHTS ADVENT FIRST DAY OF WINTER PEARL HARBOR REMEMBRANCE DAY HANUKKAH CHRISTMAS EVE CHRISTMAS DAY KWANZAA NEW YEARS EVE LUNCHEON AND DINNER MUSIC WILL BE ON 3RD AND 4TH FLOOR AT 11:45 AM AND 4:30 PM DAILY. IF YOU HAVE ANY QUESTIONS ABOUT COMMUNITY LIFE PROGRAMS PLEASE CONTACT ALLA OR JEFF EX: 3144					