


Paul’s Run Independent Living October 2023 Calendar

| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
|---|---|--|--|--|--|---|---|---|---|--|---|---|---|
| 9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 1:00- Protestant Worship-C 1:30 Rhythm Fitness-A 2:30 Creative Music Ensemble-A | 1 | 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:30 Monday Opera Matinee-A Bizet’s <i>Carmen</i> 7:00 Monday Evening Concert-A John Denver’s Rocky Mountain High | 2 | 9:30 Morning Prayers-C 9:30 KleinLife & Errand Run A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Word Mining with Stacy- GH 12:30 Walmart Supercenter A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Tuesday Movie-A Blue Hawaii (1961) | 3 | 9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:00 A Building 1st Floor Block Party-A Lobby 1:30 A Building 2nd Floor Block Party-TBD 2:00 Music Entertainment-A David Spatola 4-6:00 Voter Registration with Meghan-ML 7:00 Wednesday Documentary-A The Saint of Second Chances (2023) | 4 | Flu Vaccine Administered for Residents 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 9:30-1:30 Flu Vaccine-GH 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Choir Rehearsal-A 7:00 Thursday Evening Concert-A Leonard Bernstein’s <i>Kaddish Symphony</i> | 5 | Simchat Torah 9:00 Morning Prayers-C 9:30 Breakfast at Tiffany’s Diner A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:30 Pennsbury Manor-A & B Lobby 12:30 Feline Friends Meeting-GH Blessing of the Cats 2:00 Wine & Cheese-GH 2:30 Shabbat-C 7:00 Shabbat-A | 6 | 10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 2:00 Music Entertainment-A Jill Salkin | 7 |
| | 8 | | 9 | | 10 | | 11 | | 12 | | 13 | | 14 |
| | 9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Worship-C 1:00 Dr. Stephen Phillips Lecture-A 2:30 Creative Music Ensemble-A | | 9:00 Catholic Mass-C 9:30 Errand Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:00 Men’s Club Lecture Series-GH The American Presidency 2:00 Tchaikovsky’s Piano Concert No 1-A 7:00 Monday Evening Documentary-A Gather (2020) | | 9:30 Morning Prayers-C 9:30 KleinLife & Errand Run A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 October Modern Jeopardy-GH 12:30 Holy Redeemer Thrift Store A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Tuesday Concert-A Neil Diamond: Hot August Nights | | 9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree-A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:00 A Building 3rd Floor Block Party-TBD 1:30 A Building 4th Floor Block Party-TBD 2:00 Philly Senior Stage-A Gypsy, The Musical! 7:00 Wednesday Movie-A Love Again (2023) | | 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:30 New Resident Brunch-MDR *Invitation Required* 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Music & Memories-A 7:00 Thursday Resident Movie Choice-A Manchurian Candidate (1962) | | 9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Bristol Amish Market A & B Lobby 1:15 Friday Movie Matinee Being Mary Tyler Moore 1:30 Popcorn & Pop-A 1:30 Choir Rehearsal-ML 2:30 Shabbat-C 7:00 Shabbat-A | | 10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 11:30 Crochet & Knitting Beginner Hour with Judy-A 2:00 Saturday Documentary-A Hollywood: My Hometown Ken Murray hosts his own behind the scenes home movies of some of Hollywood’s greatest stars in candid moments. Run Time: 50 min |
| | 15 | | 16 | | 17 | | 18 | | 19 | | 20 | | 21 |
| | 9:00 Catholic Mass-A 10:00 Bell Choir -A 10:00 Sunday Coffee-GH 10:45 Protestant Worship-C 2:00 Drum Circle with Percussionist Joe Tayoun-A | | 9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:30 Rookie Birds Presentation by Al Ozell- A 7:00 Monday Evening Movie-A The Wonderful Story of Henry Sugar (2023) | | 9:30 Morning Prayers-C 9:30 KleinLife & Errand Run A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 What You Should Know about the Flu-A 12:30 Parx Casino-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Tuesday Evening Documentary-A Her Name was Grace Kelly | | 9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Willow Grove Mall-A & B Lobby 1:00 Walking Club with Matt-Meet in ML 2:00 Paul’s Run Singers Concert-A 7:00 Wednesday Movie-A The Money Pit (1986) | | 9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Music & Memories-A 7:00 Thursday Movie-A Barefoot in the Park (1967) | | 9:00 Morning Prayers-C 9:30 Breakfast at Perkins A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Kelly’s Seafood Trip A & B Lobby 1:30 Choir Concert Watch Party-A 2:00 Wine & Cheese-GH 2:30 Shabbat-C 7:00 Shabbat-A | | 10:00 Morning Coffee-GH 11:00 Matt’s Exercise Video-A 1:15 BINGO-A 2:15 Saturday Documentary- A The Barbie Story Run Time: 44 min |

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|--|--|--|---|--|--|---|
| <div>22</div> <div>9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 1:30 Rhythm Fitness-A 2:30 Creative Music Ensemble-A</div> | <div>23</div> <div>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:00 Steve Pollock Lecture-A On Stage Now: Exploration of Broadway 7:00 Monday Evening Movie-A Sitting in Bars with Cake (2023)</div> | <div>24</div> <div>9:30 Morning Prayers-C 9:30 KleinLife & Errand Run A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Mischief, Magic, Mayhem Trivia-GH 12:00 Men’s Club Ice Cream Social-GH 12:30 Jenkintown: Trader Joe’s/Ross/ Panera/Whole Foods A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Tuesday Evening Concert-A WICKED in Concert</div> | <div>25</div> <div>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:00 B Building Block Party-B Lobby 1:15 Crafters Corner with Stacy-A Pumpkin Decorating 2:00 Resident Food Committee-BR 7:00 Magic by Stuart-A One-Hour Live Comedy Magic Show</div> | <div>26</div> <div>9:00 Exposition Prayer-C 9:30 Dollar Tree-A & B Lobby 10:00 Community Service Club-GH 11:00 Yoga with Brian-C 12:30 Acme & Errand Run A & B Lobby 1:15 POKENO-A 2:30 Broadway Sing with Molly-A 7:00 Thursday Evening Movie-A Barbie (2023)</div> | <div>27</div> <div>9:00 Morning Prayers-C 9:30 Aldi Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Good Stuff Thrift Store A & B Lobby 1:15 Friday Movie Matinee-A Reshowing of <i>Barbie</i> (2023) 1:30 Popcorn & Pop-A 2:30 Shabbat-C 7:00 Shabbat-A</div> | <div>Full Moon28</div> <div>10:00 Morning Coffee-GH 11:00 Matt Exercise Video-A 11:30 Crochet & Knitting Beginner Hour with Judy-A 2:00 Music Entertainment-A Peace Jam</div> |
| <div>29</div> <div>9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 2:00 Music BINGO-A Name That Spooky Song</div> | <div>30</div> <div>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-LW 1:00 November Calendar Chat with Molly & Stacy-A 2:00 Paul’s Run Bells Recital-A 7:00 Halloween Movie-A The Witches of Eastwick (1987)</div> | <div>31</div> <div>Halloween 9:30 Morning Prayers-C 9:30 KleinLife & Errand Run A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 10:30 Cupcake Baking with Stacy-GH Halloween Theme 12:30 Local Errand Run-A & B Lobby 1:15 Halloween Costume Contest-A 2:00 Halloween Live Entertainment-A Bob Daddona 7:00 Evening Movie Frights-A <i>Dracula</i> with Bela Lugosi (1931)</div> | <div>** All Programs Subject to Change **</div> <div>**Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room</div> | | <div>Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library</div> |  |



October Highlights
Simchat Torah
Columbus Day
Indigenous People’s Day
Halloween

