


# Paul's Run Independent Living May 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	May Day1	2	3	4	Cinco de Mayo5	National Nurses Day6
	9:00 Catholic Mass-C 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 10:30 ShopRite Trip-A & B Lobby *Note Time Change* 11:00 Yoga with Brian-C 11:00 Wordle Game-GH 1:00 Spiritual Advisory Council-C 1:00 Crafters' Corner-GH Painting with a Twist 7:00 Resident Choice Movie-A Private Benjamin (1980)	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Wording Mining with Stacy-A 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Tuesday Evening Movie-A A Man Called Otto (2022)	9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi Trip A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:00 Rosh Hodesh-GH 1:30 B Building Resident Block Party B Lobby 1:30 Book Club Meeting-Library 7:00 Evening BINGO-A	9:00 Exposition Prayer-C 10:30 Actors' Guild Rehearsal-A 11:00 Yoga with Brian-C 12:30 Willow Grove Mall A & B Lobby 1:15 POKENO-A 2:30 Music & Memories-A 7:00 Thursday Documentary-A How Saba Kept Singing	9:00 Morning Prayers-C 9:30 Perkin's Breakfast Trip A & B Lobby 10:00 Catholic Mass-A 10:30 Balance with Matt-A 12:30 Liberty Ministries Thrift Store A & B Lobby 1:30 Cinco de Mayo Celebration-A Magdaliz and Her Latin Ensemble Crisol 2:30 Shabbat with Rabbi Phil-C 7:00 Shabbat with Rabbi Ariel-A	10:00 Morning Coffee & Donuts-GH 11:00 Exercise with Matt Video-A 1:15 BINGO-A 2:15 Saturday Documentary-A Princesses of the World Run Time: 48 min
7	8	9	10	11	12	13
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Worship-C 11:00 Actors' Guild Rehearsal-A 11:30 Zumba with Kate-Ch 97 1:00 Dr. Stephen Phillips Lecture-A 2:30 Drumming Circle with Percussionist Joe Tayoun-A	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Trivia with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Men's Club Lecture Series-GH The American Presidency 1:15 Crafters' Corner with Linda-A Red, White & Blue Decorations 7:00 Doo Wop, Pop, & Soul Generations-A	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Trivia with Stacy-GH 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A Special Mother's Day Edition 2:30 Crochet & Knitting Club-A 7:00 Tuesday Evening Musical-A The Pajama Game (1957)	9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree-A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:30 A Building 1st & 2nd Floor Block Party A Lobby 2:00 Live Entertainment-LW Kirk Maurer 7:00 Philly Senior Stage Solo-A	9:00 Exposition Prayer-C 10:30 Actors' Guild Rehearsal-A 11:00 Yoga with Brian-C 12:30 Jenkintown Trip: Ross/Panera Trader Joe's/Whole Foods A & B Lobby 1:15 Flower Arranging-GH 2:00 Liberty Lutheran Trivia Tourney-A 7:00 Thursday Concert-A The Best of B.B. King	9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Flower & Herb Planting Class-LW 1:15 Open Wii Bowling-GH 2:00 Wine & Cheese-Front Patio 2:30 Shabbat with Rabbi Phil-C 7:00 Shabbat with Daniella-A	10:00 Morning Coffee-GH 11:00 Exercise with Matt Video-A 11:00 Game Time with Linda-GH 2:00 Music Entertainment-A Veronica M
Mother's Day14	15	Primary Election *Voting in the Greenhouse*16	17	18	19	Armed Forces Day20
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:45 Protestant Worship-C 11:30 Zumba with Kate-Ch 97 2:00 Mother's Day Music BINGO-A	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Wordle Game with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Opera Matinee-A Puccini's Tosca 1:30 Game Time with Linda-GH 7:00 The Seven Hills of Rome (1958)-A Starring Mario Lanza	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:15 Crochet & Knitting Club-A 7:00 Tuesday Evening Movie-A Murder Mystery (2019)	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-Library 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:30 A Building 3rd & 4th Floor Block Party A Lobby 2:00 Jeopardy May Trivia-A 7:00 Resident Actors' Guild Performance-A Enjoy Yourself!	9:00 Exposition Prayer-C 11:00 Yoga with Brian-C 12:30 Parx Casino & Kohl's A & B Lobby 1:15 POKENO-A 2:30 Broadway Sing with Molly-A 7:00 Thursday Concert-A Gershwin Prize: Joni Mitchell Tribute Concert	9:00 Morning Prayers-C 9:30 House of Kosher-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Richman's Ice Cream & Burgers A & B Lobby 1:15 Open Wii Bowling-GH 1:30 Choir Rehearsal-ML 2:30 Shabbat with Rabbi Phil-C 7:00 Shabbat with Rabbi Judy-A	10:00 Morning Coffee-GH 11:00 Exercise with Matt Video-A 1:15 Bingo-A 2:15 Saturday Documentary-A Elton John Uncensored Run Time: 58 min



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SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
21		22		23		24		25		26		27	
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness with Ryann & Brendan-A 2:30 Intro to Creative Music Ensemble-A All Residents Welcome No Experience Needed		9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Trivia with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain’s Chat-C 1:00 Steve Pollock Lecture Series-A 1:30 Game Time: How Many Words? 7:00 Judy Garland: The Concert Years-A		9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:15 Men’s Club BBQ Luncheon-LW 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:30 Passages-A 2:30 Crochet & Knitting Club-GH 7:00 Tuesday Evening Movie-A Murder Mystery 2 (2023)		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Walking Club with Matt-Meet in ML 2:00 Delaware Choral Society Choir-A Spring Concert 7:00 Evening BINGO-A		9:00 Exposition Prayer-C 10:00 Community Service Club-GH 11:00 Yoga with Brian-C 12:30 Walmart Supercenter A & B Lobby 1:30 POKENO-A 7:00 Thursday Documentary-A Navalny (2022)		9:00 Morning Prayers-C 9:30 Dollar Tree Trip-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Taste Queen Chinese Trip A & B Lobby 1:00 Friday Musical-A Fiddler on the Roof (1971) 2:00 Popsicle Social-Front Patio 2:30 Shabbat with Rabbi Phil-C 7:00 Shabbat with Daniella-A		10:00 Morning Coffee-GH 11:00 Exercise with Matt Video-A 11:00 Name 5 Word Game-GH 1:15 Ice Cream Social-Front Patio 7:00 Saturday Evening Movie-A On a Wing and a Prayer (2023)	
Pentecost 28		Memorial Day 29		30		31		** All Programs Subject to Change**					
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness with Ryann & Brendan-A 2:30 Creative Music Ensemble-A		9:00 Catholic Mass-C 11:00 Yoga with Brian-C 11:00 Holiday Trivia with Stacy-GH 2:00 Memorial Day Entertainment Patrice Hawthorne Liberty Walk (Weather Permitting) 3:00 Black Swain Ballet Dancers-A *15 min performance* 7:00 Memorial Day Musical-A Yankee Doodle Dandy (1942)		9:30 Morning Prayers-C 10:00 Catholic Mass-C 11:00 Unscramble Word Game-GH 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:30 Crochet & Knitting Club-A 7:00 Tuesday Evening Movie-A My Girl (1991)		9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 ShopRite Trip-A & B Lobby 1:00 Walking Club with Matt-Meet in ML 1:15 June Calendar Chat with Molly-A 2:00 Resident Food Committee-BR 2:15 Afternoon Symphony-A Beethoven’s Symphony No 9 7:00 Night at the Casino-A		** Location** A— Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room		Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library			



**May Highlights**

Asian American & Pacific Islander Heritage Month

May Day

Cinco de Mayo

National Nurses Day

Mother’s Day

Memorial Day

