


Paul's Run Independent Living March 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	** All Programs Subject to Change ** **Location** A — Auditorium GH — Greenhouse RR — Recreation Room ML — Main Lobby C — Chapel LW — Liberty Walk MDR — Main Dining Room		1	2	3	4
5	6	Purim	7	8	9	10
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Worship-C 11:30 Zumba with Kate-Ch 97 1:00 Dr. Stephen Phillips Lecture-A <i>Petra, Jordan: The Rose Red City Half as Old as Time Part 3</i> 2:30 Creative Music with Ryann & Brendan-A	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Trivia with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:15 BINGO-A 7:00 The 1619 Project Docuseries-A <i>Episode 5: "Fear"</i>	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Word Mining with Stacy-GH 12:30 Acme & Errand Run-A & B Lobby 2:15 Purim Celebration with Danielle-A 7:00 Tuesday Evening Movie-A <i>Everything Everywhere All At Once (2022)</i>	9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 10:015 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree Trip-A & B Lobby 1:00 Lent Devotional Group-C 1:15 Healthy Food Tasting with Dietician Jen <i>Healthy Alternatives to Soda-ML</i> 1:30 Spring Cleaning Walker Tune Up-GH 2:00 Power of Film with Richard Spector-A <i>A Century of Movie Memories</i> 7:00 Evening Performance-A <i>Emerald Isle Academy of Irish Dance</i>	Full Moon	9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 1:15 Open Will Bowling-GH 1:15 Friday Movie-A <i>80 for Brady (2023)</i> 1:30 Paul's Run Singers Practice-A 2:15 Shabbat with Rabbi Phil-C 7:00 Shabbat with Rabbi Judy-C	10:00 Morning Coffee-GH 11:00 Exercise with Kate-Ch 97 11:00 Random Trivia with Stacy-A 1:15 BINGO-A 2:15 Afternoon Documentary-A <i>Audrey</i> <i>Run Time: 1hr 40 min</i> 7:00 Saturday Musical-A <i>Guys and Dolls (1955)</i>
Daylight Savings Begins	13	14	15	16	St Patrick's Day	18
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 11:30 Zumba with Kate-Ch 97 1:00 Protestant Worship-C 2:00 Drum Circle with Percussionist <i>Joe Tayoun-A</i>	9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Trivia & Facts About Ireland-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Opera Matinee-A <i>Strauss's Ariadne auf Naxos</i> 1:00 Crafters Corner with Linda-G <i>Bring in Spring with Flowers</i> 7:00 Women's History Month Movie-A <i>9 to 5 (1980)</i>	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 March Jeopardy Trivia-GH 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 1:30-3:00 Library Open House-Library 2:15 Judy's Crochet & Knitting Club-A 7:00 Tuesday Evening Movie-A <i>P.S. I Love You (2007)</i>	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-Library 12:30 Neshaminy Mall & Aldi Trip A & B Lobby 1:00 Lent Devotional Group-C 1:00 Emergency Preparedness Q&A-A <i>with Mike Lenzer, Head of Security</i> 1:15 Healthy Food Tasting with Dietician Jen <i>Cottage Cheese-ML</i> 7:00 Evening BINGO-A	9:00 Exposition Prayer-C 10:15 Will Bowling League-GH 11:00 Yoga with Brian-C 11:00 Crossword Puzzle with Stacy-A 12:30 Tiffany Dinar Trip A & B Lobby 1:00 Mahjongg Club-RR 1:15 POKENO-A 2:30 Music & Memories-A 6:00 Actors' Guild Rehearsal-GH 7:00 Springsteen on Broadway-A	9:00 Morning Prayers-C 9:30 McDonald's Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Dollar Tree-A & B Lobby 2:00 St Patrick's Day Celebration-A <i>Entertainment by Barry Warren</i> 2:15 Shabbat with Rabbi Phil-C 7:00 Shabbat with Danielle-C	10:00 Morning Coffee-GH 11:00 Exercise with Kate-Ch 97 11:00 Color My World with Linda-GH <i>Color Greeting Cards- GH</i> 1:15 BINGO-A 2:30 Beethoven's Symphony No 5-A <i>Vienna Philharmonic Orchestra</i> <i>Run Time: 35 min</i>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	First Day of Spring	20	21	22	23	24
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness-A 2:30 What's the Difference Between <i>a Reel and a Jig? Traditional Irish Music Exploration with Ryann-A</i>	9:00 Catholic Mass-C 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Spring Trivia-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Opera Matinee-A <i>Strauss's Ariadne auf Naxos</i> 1:00 Crafters Corner with Linda-G <i>Bring in Spring with Flowers</i> 7:00 Women's History Month Movie-A <i>9 to 5 (1980)</i>	9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Random Spring Trivia-GH 12:15 Men's Club Luncheon-GH <i>Cheesesteaks & Fries</i> 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO with Officer Staszak-A 2:15 Crochet & Knitting Club-A 2:30 Passages-ML 7:00 Tuesday Evening Movie-A <i>Dog Gone (2023)</i>	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree Trip-A & B Lobby 1:00 Lent Devotional Group-C 1:15 Healthy Food Tasting with Dietician Jen <i>Healthier Pasta Alternatives-ML</i> 2:00 Spring Flower Arranging with Stacy-GH 7:00 Music Entertainment-A <i>John Conklin</i>	9:00 Exposition Prayer-C 10:00 Community Service Club-GH 11:00 Yoga with Brian-C 12:30 Jenkintown Trip-A & B Lobby <i>Whole Foods, Trader Joe's, Ross & Panera</i> 1:00 Mahjongg Club-RR 1:30 Afternoon Musical-A <i>Evita (1996)</i> 6:00 Actor's Guild Rehearsal-GH 7:00 Thursday Evening Movie-A <i>Fences (2016)</i>	9:00 Morning Prayers-C 9:30 Aldi Run-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Good Stuff Thrift Store A & B Lobby 1:15 Open Will Bowling-GH 1:30 Paul's Run Singers Practice-ML 2:00 Ice Cream Social-GH 2:15 Shabbat with Rabbi Phil-C 7:00 Shabbat with Rabbi Ariele-C	10:00 Morning Coffee-GH 11:00 Exercise with Kate-Ch 97 11:00 Cranium Crunches with Stacy-A 1:15 BINGO-A 2:15 Afternoon Documentary-A <i>What Would Sophia Loren Do?</i> <i>Run Time: 32 min</i> 7:00 Saturday Evening Movie-A <i>True Spirit (2023)</i>
26	27	28	29	30	31	Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library
9:00 Catholic Mass-A 10:00 Sunday Coffee-GH 10:00 Bell Choir-A 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness-A 2:30 Music Bingo Challenge-A <i>Springtime Songs</i>	9:00 Catholic Mass-C 9:30 Bell Choir-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 11:00 Crossword Puzzles with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Steve Pollock Lecture Series-A 2:15 April Calendar Chat with Molly-A 7:00 Women's History Month Movie-A <i>Bombshell: The Hedy Lamarr Story</i>	9:30 Morning Prayers-C 10:00 Catholic Mass-C 11:00 Hangman with Stacy-GH 11:00-3:00 Library Book Sale-ML 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:15 Crochet & Knitting Club-A 7:00 Tuesday Evening Musical-A <i>Roadl Dahl's Matilda (2022)</i>	9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neshaminy Mall & Aldi A & B Lobby 1:00 Lent Devotional Group-C 1:15 Healthy Food Tasting with Dietician Jen <i>Sweet & Savory Dates-ML</i> 2:00 Philly Senior Stage Duo-A <i>The Best of the Tony's</i> 7:00 Evening BINGO-A	9:00 Exposition Prayer-C 10:15 Will Bowling League-GH 11:00 Yoga with Brian-C 12:30 Oxford Valley Mall A & B Lobby 1:00 Mahjongg Club-RR 2:00 Broadway Sing with Molly-A 6:00 Actor's Guild Rehearsal-GH 7:00 Tony Bennett at the London Palladium (2013)	9:00 Morning Prayers-C 9:30 House of Koshen-A & B Lobby 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Taste Queen Chinese Trip A & B Lobby 1:15 Open Will Bowling-GH 1:30 Paul's Run Singers Practice-ML 2:15 Shabbat with Rabbi Phil-C 7:00 Shabbat with Danielle-A	

March Highlights

- Women's History Month
- Purim
- Holi
- Daylight Savings
- St Patrick's Day
- First Day of Spring
- Ramadan Begins

