



Paul's Run Independent Living February 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Please remember to sign up for all trips in the yellow Community Life Outings Binder in the Library</p>		<p style="text-align: center;">1 Groundhog Day</p>	<p style="text-align: center;">2 3</p>	<p style="text-align: center;">4</p>
<p style="text-align: center;">5</p>	<p style="text-align: center;">6</p>	<p style="text-align: center;">7</p>	<p style="text-align: center;">8</p>	<p style="text-align: center;">9</p>	<p style="text-align: center;">10</p>	<p style="text-align: center;">11</p>
<p>9:00 Catholic Mass-C 10:00 Sunday Coffee-GH 10:00 Bell Choir-Gym 10:45 Protestant Worship-C 11:30 Zumba with Kate-Ch 97 1:00 Dr. Stephen Phillips Lecture-A Petra, Jordan: The Rose Red City Half as Old as Time Part 2 1:00 Competitive Trivia-GH 2:30 Steady Tempo Music Circle with Brendan & Ryann-A</p>	<p>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:30 Opera Matinee-A Fire Shut Up in My Bones 1:30 Be My Valentine Craft-GH 7:00 The 1619 Project Docuseries-A Episode 1: "Democracy"</p>	<p>8:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 New Resident Reception-MDR *Invitation Required* 10:30 Balance with Matt-A 11:00 Word Mining with Stacy-GH 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:15 Crochet & Knitting Club-A 2:30 Passages-ML 2:30 Judy's Crochet & Knitting Class-A 7:00 Evening Movie-A The Woman King (2022)</p>	<p>9:00 Catholic Mass-A 9:30 ShopRite Trip-A & B Lobby 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree Trip-A & B Lobby 2:00 Live Entertainment-A Dazzling Divas of Paul's Run Abby Kleinman, Bev Suffman & Geri Yamell 7:00 Evening BINGO-A</p>	<p>9:00 Exposition Prayer-C 10:15 Wii Bowling League-GH 11:00 Yoga with Brian-C 12:30 JOANN Fabrics Trip A & B Lobby 1:00 Mahjongg Club-RR 1:15 POKENO-A 2:30 Music & Memories-A 6:00 Actors' Guild Rehearsal-GH 7:00 Thursday Evening Movie-A Roman Holiday (1953)</p>	<p>9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Good Stuff Thrift Store A & B Lobby 1:15 Open Wii Bowling-GH 1:30 Paul's Run Singers Practice-A 2:00 Wine & Cheese-GH 2:15 Shabbat-C 7:00 Shabbat-C</p>	<p>10:00 Morning Coffee-GH 11:00 Exercise with Kate-Ch 97 11:00 Name 5 with Stacy-A 1:15 BINGO-A 2:15 Saturday Documentary-A Shanla Twain: Not Just a Girl Run Time: 1hr 28m</p>
<p style="text-align: center;">12</p>	<p style="text-align: center;">13</p>	<p style="text-align: center;">14</p>	<p style="text-align: center;">15</p>	<p style="text-align: center;">16</p>	<p style="text-align: center;">17</p>	<p style="text-align: center;">18</p>
<p style="text-align: center;">Super Bowl</p> <p>9:00 Catholic Mass-C 10:00 Sunday Coffee-GH 10:00 Bell Choir-Gym 10:45 Protestant Worship-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness with Ryann-A 2:30 Music BINGO-A Classic Love Songs 6:30 Super Bowl-A</p>	<p>9:00 Catholic Mass-C 9:30 Errand & Bank Run-A & B Lobby 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Men's Club Lecture Series-GH The American Presidency 1:00 Painting with a Twist with Linda-A 7:00 The 1619 Project Docuseries-A Episode 2: "Race"</p>	<p style="text-align: center;">Valentine's Day</p> <p>9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 Modern Jeopardy with Stacy-GH 12:30 Acme & Errand Run-A & B Lobby 2:00 Valentine's Day Celebration-A Elizabeth Knecht 7:00 Valentine's Day Evening Movie-A Notting Hill (1999)</p>	<p>9:00 Catholic Mass-C 9:30 ShopRite Trip-A & B Lobby 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Neeshaminy Mall & Aldi Trip A & B Lobby 2:00 Richard Superior Multimedia Lecture-A Remember the Fabulous 50s 7:00 Evening BINGO-A</p>	<p>9:00 Exposition Prayer-C 10:15 Wii Bowling League-GH 11:00 Yoga with Brian-C 12:30 Crossword Puzzle with Stacy-A 12:30 Tiffany Diner Trip-A & B Lobby 1:00 Mahjongg Club-RR 1:15 POKENO-A 2:30 Music & Memories-A 6:00 Actors' Guild Rehearsal-GH 7:00 Barbara Streisand in Concert-A Live at Anaheim</p>	<p>9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Good Stuff Thrift Store A & B Lobby 1:15 Open Wii Bowling-GH 1:15 Friday Movie-A Shotgun Wedding (2023) Starring Jennifer Lopez 2:15 Shabbat-C 7:00 Shabbat-C</p>	<p>10:00 Morning Coffee-GH 11:00 Exercise with Kate-Ch 97 11:00 Color My World-GH 1:15 BINGO-A 2:15 Concert at the Hollywood Bowl-A Musicals and the Movies Run Time: 55m</p>

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<p style="text-align: center;">19</p>	<p style="text-align: center;">20</p>	<p style="text-align: center;">21</p>	<p style="text-align: center;">22</p>	<p style="text-align: center;">23</p>	<p style="text-align: center;">24</p>	<p style="text-align: center;">25</p>	
<p>9:00 Catholic Mass-C 10:00 Sunday Coffee-GH 10:00 Bell Choir-Gym 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 2:00 Drum Circle-A Led by Percussionist Joe Teyoun</p>	<p>9:00 Catholic Mass-C 9:30 Bell Choir-Gym 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 Centium Crunch with Linda-GH 12:30 ShopRite Trip-A & B Lobby 1:15 BINGO-A 7:00 The 1619 Project Docuseries-A Episode 3: "Capitalism"</p>	<p>9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 What Am I? Trivia with Stacy-A 12:30 Acme & Errand Run-A & B Lobby 2:00 Mardi Gras Entertainment-A Red Baron Band 3:00 Passages-A 7:00 Evening Musical-A Donny Osmond in Joseph & the Amazing Technicolor Dreamcoat</p>	<p>9:00 Ash Wednesday Mass-A 9:30 ShopRite Trip-A & B Lobby 10:15 Ash Wednesday Protestant Service-C 10:15 Tech Wednesday with Linda-GH 11:00 Whole Body Strength with Matt-A 11:00 Interfaith Bible Study-RR 12:30 Dollar Tree Trip-A & B Lobby 1:30 Jen & Matt: Heart Healthy Foods 7:00 Music Entertainment-A Barry Warren</p>	<p>9:00 Exposition Prayer-C 10:00 Community Service Club-GH 11:00 Yoga with Brian-C 12:30 Wal-Mart-A & B Lobby 1:00 Mahjongg Club-RR 1:15 Staff Expert Lecture Series-A BAYADA Be Heart Healthy 2:30 Broadway Sing with Mully-A 6:00 Actor's Guild Rehearsal-GH 7:00 Thursday Evening Movie-A The Pale Blue Eye (2022)</p>	<p>9:00 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 12:30 Taste Queen Chinese Trip A & B Lobby 1:15 Open Wii Bowling-GH 1:30 Paul's Run Singers Practice-ML 2:00 Wine & Cheese-GH 2:15 Shabbat-C 7:00 Shabbat-C</p>	<p>11:00 Exercise with Kate-Ch 97 with Stacy-A 1:15 BINGO-A 2:15 Saturday Documentary-A Dolly Parton: MusiCares Tribute Run Time: 55min</p>	
<p style="text-align: center;">26</p>	<p style="text-align: center;">27</p>	<p style="text-align: center;">28</p>	<p style="text-align: center;">** All Programs Subject to Change**</p> <p style="text-align: center;">**Location** A – Auditorium GH – Greenhouse RR – Recreation Room ML – Main Lobby C – Chapel LW – Liberty Walk MDR – Main Dining Room</p>				
<p>9:00 Catholic Mass-C 10:00 Sunday Coffee-GH 10:00 Bell Choir-Gym 10:45 Protestant Services-C 11:30 Zumba with Kate-Ch 97 1:30 Rhythm Fitness with Ryann-A 2:30 Creative Group Music with Brendan & Ryann-A</p>	<p>9:00 Catholic Mass-C 9:30 Bell Choir-Gym 9:30 Errand & Bank Run-A & B Lobby 10:30 Chair Aerobics with Matt-A 11:00 Yoga with Brian-C 12:30 ShopRite Trip-A & B Lobby 1:00 Chaplain's Chat-C 1:00 Steve Pollock Lecture Series-A On Stage: Artist to be Announced 2:15 March Calendar Chat with Mully-A 7:00 The 1619 Project Docuseries-A Episode 4: "Music"</p>	<p>9:30 Morning Prayers-C 10:00 Catholic Mass-C 10:30 Balance with Matt-A 11:00 History Trivia w/ Stacy-GH 12:15 Men's Club Luncheon-GH Pizza Party 12:30 Acme & Errand Run-A & B Lobby 1:15 BINGO-A 2:15 Crochet & Knitting Club-GH 2:30 Judy's Crochet & Knitting Class-GH 7:00 Evening Movie-A Banshees of Inisherin (2022)</p>					

February Highlights

- Black History Month
- Heart Health Month
- Groundhog Day
- Super Bowl Sunday
- Valentine's Day
- Presidents' Day
- Mardi Gras
- Ash Wednesday

