

# JANUARY RUNNER

*"You are never too old to set another goal  
or to dream a new dream."*

~ Les Brown



## Bird of the Month – Owl

Owls, with their huge eyes and stoic, patient, knowing faces, have long been considered to hold great wisdom. These impressive birds of prey are found nearly all over the world, the exceptions being the polar ice caps and some secluded islands. Owls have large broad heads, flat faces, binocular vision, and necks that can turn quite far around (as much as 270 degrees) to let them completely view their surroundings from a fixed position. Owls are predators that hunt insects, small mammals, and smaller birds. Their sharp talons, silent flight, excellent hearing, depth



perception, and vision give them a big advantage when pursuing their prey, particularly in low light. There are two types of owls: true owls (also called typical owls) and barn owls. When these primarily solitary creatures gather in a group, it's called a parliament—a nod to these birds' symbolic association with intelligence and leadership.

## Special Days

### New Year's Day

January 1

### National Trivia Day

January 4

### Epiphany

January 6

### Martin Luther King Day

January 16

### Chinese New Year (Year of the Rabbit)

January 22

### National Puzzle Day

January 29

## Flower – Carnation



January's flower is the sweet and pretty yet hearty carnation. The carnation dates back to ancient Greek and Roman times when it was used in art and décor. Some Christians believe that the first carnation bloomed on Earth when Mary wept for Jesus as he carried his cross. Carnations in those early days were primarily found in shades of pale pink and peach, but the palette of available colors has grown significantly to include red, yellow, white, purple, and green.

## Birthstone – Garnet



The birthstone of January is the deep red garnet. This gemstone also comes in other colors, such as pink, orange, and green. Its name comes from the Latin word *granatus*, which means "seed-like." In the Middle Ages, garnets were carried by travelers to protect them against accidents. In ancient Asia and the American Southwest, garnets were used as bullets because their glowing red color was said to increase the ferocity of a wound. According to legend, garnets light up the night and ward off nightmares.

## Take a Birthday Bough

People born in January branch out differently depending on which day they were born.

### Willow (January 1–7)

Strong but fanciful, those linked to the willow tree excel at diplomacy, patience, and friendship. They are a creative, grounded lot who relish the beauty in the world.

### Fir (January 8–14)

Those who come from the fir tree are ambitious, industrious, and mysterious. They have superb taste and love luxurious things. They are loyal and take care of those close to them.

### Elm (January 15–24)

People who fell off the elm tree are noble-minded, pleasant, and generous. They are natural leaders with ample charisma and do not like to take orders.

### Cypress (January 25–31)

Those who fell from the cypress tree are generally content, optimistic, and adaptable. They do not love to be alone and sometimes crave acknowledgment.



## You Look Fabulous

Be sure to tell your friends, family, neighbors, and strangers just how wonderful they are on January 24. Why? It's National Compliment Day. Let them know what you appreciate about them—it's sure to make their day!

### January Zodiacs

Capricorn (Sea Goat)  
January 1–19

Aquarius (Water Bearer)  
January 20–31

**January** is named for the ancient Roman god Janus who is thought to have presided over the dawning of each new year. He was often referred to as the “god of beginnings.” The image of Janus is often symbolized by a face that looks both backward and forward at the same time—a reminder to reflect on the events of the previous year and to recognize the proverbial clean slate of opportunity that waits immediately ahead.

## In the Good Old Days of January

Today's prices seem quite high when you compare them with what things cost 100 years ago. Back then, the cost of an average new house was \$6,000. A loaf of bread was 5¢, a dozen eggs cost 47¢, and a gallon of milk was 44¢. Stamps were 2¢ each. A new car cost about \$525 on up, and gas was around 33¢ per gallon. A movie ticket was 15¢. However, the average income was around only \$2,000.

## What's Lucky in January?

Lucky Color: Purple

Lucky Animal: Rabbit

Lucky Letters: S and L

Lucky Day: Tuesday

Lucky Plant: Ivy



## January Birthdays

E. M. Forster (author) – January 1, 1879  
Dyan Cannon (actress) – January 4, 1937  
Danny Thomas (actor) – January 6, 1912  
Katie Couric (journalist) – January 7, 1957  
Stephen Hawking (physicist) – January 8, 1942  
Joan Baez (singer) – January 9, 1941  
Andy Rooney (journalist) – January 14, 1919  
Muhammad Ali (boxer) – January 17, 1942  
Mary Ellen McAnally (poet) – January 21, 1939  
Mary Lou Retton (gymnast) – January 24, 1968  
Wolfgang Mozart (composer) – January 27, 1756  
Alan Alda (actor) – January 28, 1936  
Oprah Winfrey (talk show host) – January 29, 1954



Happy New Year!

I wish for you all a Happy and Healthy 2023.  
I would like to share more new resident stories:

## **Cheryl Harris ( A405)**

Cheryl is fairly new to Paul's Run. She moved in late June of this year. Born in West Philadelphia, Cheryl and her family moved to the Northeast when Cheryl was 9 years of age.

Cheryl has brothers much older than her, so when they moved out of the house, both Cheryl and her mother lived together until Cheryl moved out on her own in her mid-30's.

A graduate of Lincoln High School, Cheryl immersed herself in music, drama club and choir. Cheryl even had the leading role in the musical "The Boyfriend". High school memories have been fond ones to Cheryl.

After high school, Cheryl attended West Chester State College (now West Chester University) with an Elementary Education major and a minor in Special Education. Cheryl's first job was at Holmesburg Baptist Christian School teaching 3<sup>rd</sup> grade for over four years. Cheryl then landed a job at the Woodhaven Center as a 1:1 special needs educator. Continuing to work in the field of education, Cheryl then got a job as a teacher's assistant at Woodhaven – which is a Temple University owned facility. It was during this time Cheryl decided to return to school to pursue a Master's degree in special education. While taking classes, Cheryl worked for the Philadelphia School District and received many academic scholarships before getting her Masters in 1992. After working 20 years in the Philadelphia School District teaching 6<sup>th</sup> and 7<sup>th</sup> grade Reading and Language Arts, Cheryl continued to be an individual support for intellectually challenged adult students at P.A.T.H. (People Acting To Help).

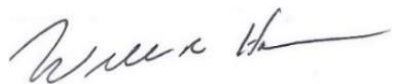
Cheryl then ventured to WOODS services where she is still currently employed in their day program called INSPIRE. The INSPIRE program assists adults with life skills, activities and education.

While living on her own, Cheryl started noticing her neighborhood changing and started feeling unsafe as well as the challenge in maintaining her own property. A friend recommended she check out Paul's Run and since the first tour, Cheryl is so grateful to be a member of this community. Cheryl shared she feels safe, the surroundings are beautiful, the people are welcoming and she enjoys coming home to a nice meal after working all day.

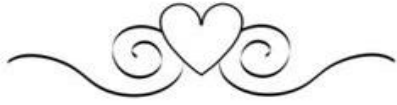
Since Cheryl is working full- time, it's difficult for her to attend many programs. In the new year Cheryl hopes to be more involved in the Paul's Run programs especially those scheduled on weekends and evenings.

Welcome Cheryl!

Sincerely,



Executive Director



In Memory of:



Mary G. Johnson  
By Sally Gazzerro



Snowflake Gifts



In Celebration of:

Rudolph and Gilda Benker  
By Anthony Benkert

Ann Cohn  
By Lois Klein

Edith Bennett  
By Mr. & Mrs. Vince Jopko

Dolores Daulerio  
By Tina Nase

Richard A. Bennett  
By Mr. & Mrs. Vince Jopko

Edith W. Dunn  
By Carol A. May

Abraham & Berta Bonderow  
By Nina Bonderow

Mary Freeman  
By Barbara Freeman

Rhoda Bulkin  
By Mr. & Mrs. David Nuddle

Carlyn Gases  
By Judi Gases



## Snowflake Gifts



### In Celebration Of:

Libby and Ron Goldman  
By Maci Laderman

Laurette Lehrer  
By Dr. & Mrs. Robert Jubelirer

Robert Halpern  
By Cyd Acolia

Samuel Levy  
By Bill Orchow

Marie Kaltenstein  
By Joan K. Dortort

Cecily Lucas  
By Gregory Smith

Arthur W. Keiser  
By Dennis H. Bower

Meghan McGillian  
Mrs. Helen Berman

Helen Keiser  
By Dennis H. Bower

Albert J. Mezger  
By George C. Herrmann

Audrey A. Kelly  
By Mr. & Mrs. Steve Thompson

Dolly Pearlman  
By Claire Fischman

Samuel Kelly  
By Mr. & Mrs. Steve Thompson

Marvin Plotnick  
By Sharon Lefkoe

Eleanor Kuntz  
By Eleanor Kuntz

Shirley Sconza  
By Joanne L. Eckert

Rose Sitvarin  
By Mr. & Mrs. Bernie Schwartz

Joan Vallee  
By Joan Vallee





## Snowflake Gifts

In Celebration Of:



Anne Ziccardi  
By Anne Ziccardi

Anne Wetzel  
By Patricia A. Donlon

Frances DeBerardinis  
By Joann Pagett

Resident Oscar Freezman would like to thank all those who donate aluminum can tabs. These tabs go to the Ronald McDonald House and they are greatly appreciated. Please continue to save your soda and beverage can tabs for Oscar.

The Dining Room is reporting silverware and dishware shortages. Please check your kitchen for any articles that may have been collected from the dining room. Just return to the dining room – no questions asked. Dining Services will be very grateful 😊



*In this January, 2023 issue >>>*

- *Looking back at December's Holiday events! Pictured right: Paul's Run Bell Choir performs at The Manor at Yorktown Retirement Community.*
- *Ryann & Anna to present a lecture on how music inspires health.*
- *Drum Circle with Joe Tayoun is back! See date and time below.*



*Happy New Year!*  
**2023**

*Notes*

A Monthly Look at Music & Wellness in the Paul's Run Community

## **Featured Music & Wellness Programs in January:**

- **WEDNESDAY JANUARY 11th at 1:30 PM**  
**in the AUDITORIUM:**  
Music therapist Ryann Lynch and music therapy intern Anna Reeves will be holding a 60 min lecture discussing what research is teaching us about music and its positive influence on our health.
- **SUNDAY JANUARY 15th at 2:00 PM**  
**in the AUDITORIUM:**  
Percussionist Joe Tayoun is back! Join the drum circle!

## **Memories Made at December Holiday Events:**



Pictured left: The holidays were well celebrated at Paul's Run. The annual holiday bazaar was filled with impressively crafted home-made gifts, raising over \$1,000 for the Paul's Run Benevolent Fund.

Pictured right: Choir members sang favorite Christmas, Hanukkah, and winter themed songs at their annual holiday recital. Many shared their musical talents by singing solos, dancing as they sang, or performing a piece on piano and even a lovely harmonica solo for the classic carol "Silent Night." If you missed the concert, family and friends can watch a recording available on Paul's Run's Facebook page.



## Really Old Trees and Climate Change

by Sr. Franceline Malone

In the January February 22 issue of **Smithsonian** an article: "The Old Man and the Tree" by Johnny Diamond, featured 80 year old Bob Leverett's discovery of really old trees, really old - 300 to 350 years old in unexpected places, hidden among their younger Massachusetts companions.

When I was growing up in St. Albans on Long Island, my friends and I would walk to the playground. Growing at the corner of one street was a humongous old tree. It had an enormous trunk and dark branches which stretched out above and around us. On a hot summer day, as we walked beneath it, we relished its shade . Our town must have cherished that tree, since for years cars had to drive around it to connect to the cross street.

Decades later, I drove across the Delaware from Bensalem, Pa., to a town in New Jersey. There - plunk in the middle of a main street was a huge old tree bragging about its age by forcing cars to circumnavigate around it - awakening a childhood memory. My two old trees were deciduous with thick trunks sporting multiple branches laden with lots of leaves even in their old age. The Smithsonian article is not about a single tree popping up here and there, but about whole bunches of maples, white pines and other conifers side by side stretching up, their laden limbs hiding the sky. As people settled in Massachusetts, old growth forests began to disappear. People needed wood to build homes, warm houses, cook food, etc. Logging operations in the 17th Century stretched all the way down the coast.

Although Bob Leverett grew up in a mountain town in the southern Appalachians between Georgia and Tennessee, he has lived most of his life in New England. After spending 12 years as an Air Force engineer, he retired in 2007. He and his wife Monica live in the area of Stockbridge, Mass., close to the Ice Glen Trailhead (pockets of ice live in its deep crevasses). Patches of local forests reminded him of the forests in the Appalachians of his childhood.

Really Old Trees by Sr. Franceline continued

Knowing that trees accumulate carbon dioxide, to minimize global warming, scientists encouraged the planting of new forests (afforestation). Bob Leverett, however, knew that trees take in carbon dioxide faster later in life than do new trees. As he prowled the woods, he noticed that a number of old growth trees had been spared the ax. He also noticed that old growth forests supported a variety of organisms - animal, microbel and fungus.

Climate scientist and author, William Moomaw of the Intergovernmental Panel on Climate Change, recommended the preservation of existing forests. Traipsing through the woods, Leverett and others had "learned that a good place to find old growth is in a ravine or amid other steep terrain where logging is difficult."

In the 1980's, using his old methods, Bob measured a large sugar maple. Finished, he was told it was the largest one in the world! His eyes told him it was not! (Off by 30 ft.) Bob had noticed that a fallen tree's trunk does not go straight up like a telephone pole, he figured out how to determine an individual tree's weight and size and, even more important, its ability to influence Climate Change!

So he invited Jack Sobron, who had a surveyor's transit level, along. Using the tool and with their positions relative to the tree, they were able to account for the tree's lean, which no one had taken into consideration before. Bob also noticed that a number of old trees had two or more roots supporting their growth. Looked like when they were little guys. they came together as they grew and married!

"We have a duty to protect an old growth forest, for both its beauty and its importance to the planet."

Bob Leverett



## America's Arctic Refuge One Of A Kind

By Sr. Franceline Malone

"The 19.3 million acre Arctic National Wildlife Refuge In Alaska is one of the largest intact landscapes left on Earth. No roads crisscross this stunning expanse of mountain ranges, coastal lands, boreal forests and alpine tundra. And it's abuzz with life: polar bears denning, arctic foxes hunting, musk oxen grazing, birds migrating, and the mighty Porcupine Caribou Herd, nursing their calves," rightfully brags the American Wilderness Society in their Fall 2022 newsletter.

Humanity is active there too. The Indigenous Gwich'in and Inupiat peoples have ancestral connections to their physical, cultural and spiritual way of life on this rolling and often exceedingly frigid landscape.

From the Refuge's founding in 1935 to its creation as the Arctic National Wildlife Refuge in 1960, the Wilderness Society folks have fought "against efforts to despoil its fragile, wildlife rich coastal plain with roads, heavy equipment and drill rigs." Despite their efforts, the Refuge is "on the edge of destruction."

*Jumping away from the Arctic briefly, I, Sr. Franceline Malone, have been seeing and hearing a lot on TV about our need/or the creation of more oil and gas leasing in our country. Poor us, not enough oil and gas to create more Climate Problems - smog, asthma in crowded city neighborhoods. Why bother to find cleaner and healthier ways to promote our wellbeing, to keep us warm in winter, cool in summer? We've got oil and gas producers who could use the money to get more things done to hurt our already fragile environment.*

Back to Alaska! How did things turn topsy-turvy? "The 2017 Tax Cuts and Jobs Act opened the Arctic Refuge to oil and gas leasing." The mandate "is more than an ecological threat. It is a fundamental human rights violation." The Wilderness Society supports the coalition of indigenous leadership now battling for their way of life against systemic racism and exclusionism. The Society supports the wisdom and rights of Native Alaskans to protect the Arctic Refuge which is where they live and have lived for centuries. Theirs is the right to determine that future and that of their way of life.

America's Arctic Refuge by Sr. Franceline Malone continued.

Three major clans survive from antiquity across Gwich'in lands. Two are primary clans and the third has a lower/secondary status. The first clan are the *Nantsaii*, which literally translates as "First on the land", the second clan are the *Chits'yew* which translates as "The helpers" (second on the land). The last clan is called the *Tenjeraatsaii*, which translates as "In the middle" or "independents". This last clan is reserved for people who marry within their own clan, which is considered incestual. To a lesser degree, it is for children of people who are outside of the clan system.

Just as the buffalo were important to the Sioux and other Indian tribes across our western lands, caribou have held a similar place among the First Nations and Inuit people's histories and legends. The Gwich'in creation story tells how the people and the caribou separated from a single entity.

Even now the Gwich'in settlement area maintains a large portion of woodland caribou as an important food source although they harvest them less than other caribou. They prefer to hunt Porcupine caribou or the barren-ground Blue Nose herd. Woodland caribou travel in small herds, are harder to see and hunt.

"We are the caribou people. Caribou are not just what we eat; they are who we are. They are in our stories and songs and the whole way we see the world. Caribou are our life."

## Our Annual Gift By Arnie Escourt

Do you know, we each have a special day  
Some of us are happy but some may say "Oy veh"  
When we were younger, we liked to add that little half  
When we were older seniors, we also added that extra half

Birthdays are a timely event, unique for each of us  
Some subtract years, some are pleased and some make a fuss  
Some suggest that they might be over the hill  
Others think the higher the age, the greater the thrill

Our Birth Certificate is an important document  
It is factual; date, place, parents; no sentiment  
Not like a fortune cookie, it is correct and true  
It is about the beginnings of me and you

All of us have had singular beginnings  
With teenage sports, or boy or girl flings  
Twenties and thirties; working, loving, washing a pot  
Parenting, achieving, doing a lot

Later, we wonder what we have done?  
Were those efforts worth it, did we have fun?  
Our years have been filled with many events  
We dealt with all the challenges without torment

So many experiences along life's highway  
Some of them have gone and some do stay  
Eventually we retire, we shift from work to relaxation  
Sick, or tired; our Birthdays need to be a special occasion!

Happy Birthday to you and me

New Year's Eve 2022

By Arnie Escourt

This year is ending soon, today is near the end of another December  
And New Year's Eve is always a holiday we should remember  
Only a few more days for us to plan and wait  
A Holiday that everyone enjoys and knows we need to celebrate

With a pencil and pen, I've done 67 of them, an annual phenomenon  
I guess I started to celebrate it, since I've been about twenty-one  
Some years we went into town and froze our whasis off  
And some years it snowed got sick and had a fever or a cough

We used to bang pots and pans together for our own benefit  
Some times we got together and shared our stories and wit  
Now that we are older and gray, we do other things instead  
A lot of us have dinner, go to our rooms, watch TV and go to bed

But we have neighbors who live in apartment buildings close  
Who love to light up fire crackers that loudly boom and are bellicose  
Those very loud noises that go off early to late  
Tell us important days and dates to which we should relate

Our kids love us and care about us, but have their own plans  
We were once there and understand, so we do what we can  
We have singers or bands that play for us and entertain us  
Some are hardly ever satisfied, but most of us don't make a fuss

At this stage of our lives each day looks very much like the next  
There are few deviations from our everyday situational context  
We care, say prayers, and hope to get up every morning  
On a good day we enjoy seeing old friends or our offspring



## **Because of All of You**

**By Arnie Escourt**

As I sleep alone, I dream of you I dream about what I want to do.  
All my dreams have eventually come true  
Now you fill my soul with happiness with all that you do

If they ask, 'Who are you?'  
I answer 'I am us'

Us is two, it doesn't matter who responds to the cue We are one, we dare  
to be "who"

We quickly grew from two to be five When three wonderful daughters  
arrived We became so richly endowed  
And really enjoyed being a family, a crowd!

We were the extension of our family tree Then along came young men in  
the number of three  
Happy with three weddings where we danced and ate In a few years our  
family grew from two to eight!

Each of the three women had two special guests And the eight of us felt  
very blessed!

Time flew and now all six have graduated college We are so pleased and  
proud, this fact to acknowledge!

Over the years they are all grown and have left us somewhat alone And  
now after many years my dear wife lies under a memorial stone!  
Still, life continues to go on its mysterious way Which brings me back to  
my singular status, this sunny day.

My three girls still take care of me!

January 2023 By Ed Scully  
Happy New Year to you!

Have you every thought that you may have faithfully been watching a movie that was made in 1946 based on a booklet written in 1943: “It’s A Wonderful Life”

One cannot be too careful in our personal campaigns to avoid coming down with COVID-19. It is suggested that all of us should make a New Year’s Resolution to strengthen whatever we are now doing. You may think about making it almost impossible for you to be required to undergo ten days of very lonely isolation.

How does it nearly always happen that whenever someone makes a resolution that it most always is near New Years Eve: December 31. I know a married couple who made New Years resolutions that he would stop drinking alcohol if she would stop smoking cigarettes. That took place 57 years ago and has never been broken. Isn’t that great? I also know a gentleman who said he will start exercising for at least a half-hour every day but after only two days of exercising he decided to stop any exercising and avoid getting out of breath. These two instances show both the kind of ease and difficulty that these resolutions can present.

Resolutions generally occur when someone is one year older since making the last ones. They somehow are brought face to face with the fact that time is flying. For example, it is difficult at times here at Paul’s Run to be sure what day it really is. We, however, do not have too much time left, so we must be careful not to waste it. At least if we are careless with our own time, we should be considerate of the time of others who may value it more highly than we do. In doing so, you feel better and also make someone feel better.

However, a friendly greeting may not always be well received. For example, I greeted a lovely lady in a hallway with “Happy Day” and she responded “Why can’t you just say Hello” in a not too gentle tone. I politely responded “I hope you are feeling better tomorrow”. As a follow-up, I wish to inform you I have, I think, received sort of a smile from her. I am hoping to work on it. For something to make a resolution of, how about turning something odious into possibly a new friendship if you may be living with a similar situation. What we do for and with residents certainly reflect directly upon ourselves.

January 2023 by Ed Scully continued

We wonder what is in store for us this coming year. There are many experts (so called) who try to guess the political, financial, scientific, international and the local changes and progress during the next twelve months. Each one of them who is expert in his/her field and even we residents are able to predict with a certain amount of accuracy and assurance of the future. For all of us, something is a certainty of happening... but not everything! In closing, you are respectfully reminded to make at least one resolution.

Anyone making less than \$175,000 or in a household with an annual income less than \$250,000 may have Federal government forgiveness of \$10,000 or \$20,000 of a loan under the Student Loan Forgiveness program. I am purposely not indicating whether I am in favor of this program since many of us Paul's Run residents were never eligible at all for such largesse. However, you probably have grandchildren and children eligible for loan forgiveness. Accordingly, I wish to keep the program in the background for others more knowledgeable to express a judgement about its merit.

The introduction of that program has given me great cause to wonder why us older folks are overlooked in receiving needed additional assistance. We are trying to exist in what may be characterized as turbulent times. Despite the many greatly appreciated amenities we now receive, more help for us should be as similarly extensive as the student loan program cited above. I have edited part of a letter from me recently printed in The Inquirer that sort of relates to this article follows: A greatly overlooked older and longer living population should be considered much more in depth for possibly expanded government amenities and programs. An existing national inflation and surely an unwanted inflationary environment are having a very unwelcome impact upon older folks of which we are all a part. Creating many additional new and timely programs and amenities for them/us could definitely be a reward and "thanks" for lifetimes of our great achievements. How about considering announced concessions, price reductions, rebates, specials in all kinds of business, and many enjoyable occasions, that are solely for them. Maybe there would be many more sellout events if older folks were always bussed (FREE?) in groups to and from all kinds of night life and events they used to enjoy. Many older folks stay up way past 7:30 P.M. See their lights in rooms!

As a start, we should seek government action and new mid-term legislators should all be our first source to help us. What will you do?

January 2023 by Ed Scully continued

We, as residents of Paul's Run, are familiar with Penn State's football team and its selection as the Big Ten champion to play in the Rose Bowl on January 2, 2023.

However, for your information, there is considerable information about the building of a football program since 1887—in an era when mothers and fathers who sent their children to Penn State in the early years did not want them playing games. The 69 boys attending Farmers High School were there to attend class, study and help farm the fields in the rural somewhat isolated areas in almost the geographical center of Pennsylvania. Strangely enough it was decided to call the institution a “high school” because most farmers thought the word “college” was closely associated with affluence and snobbery. This was the method to build upon the state government setting up the school in 1855 at the behest of the Pennsylvania State Agricultural Society to educate the sons of farmers with college level courses in agriculture, science, industry and literature. At this time the Morrill Land-Grant Act was being debated in Washington, D.C., in the spring of 1862, the school's first president, Dr. Evan Pugh, convinced the board of trustees to rename the school Agricultural College of Pennsylvania. This is probably more than we need to know about the start-up and because the word Pennsylvania takes so much space in this monthly newsletter, let's decide to end any mention of its evolution and just settle down and call the school Penn State as it is.

When one now sees that a normal price of the 2023 Rose Bowl game is \$269.00 and often much more, an observation that the first two football games between Penn State and Bucknell held in Lewisburg and then at Penn State were supported by the players who paid for all their expenses. A report of one of an early game is:

With a score of Penn State 54 Bucknell 0, fans were on hand with a new student cheer, ' Wish-Wack! Pink Black!' Wearing their new pink and black uniforms, Penn State stomped the home team. The student newspaper reported “our boys made the first touchdown within two minutes after the game started” and all points were made by the skillful playing of tricks.” You grandparents and parents of students and football players and others should glance at the above and then compare it with the current 106,000 seat stadium.

## Insurrection

By Jack Birnbaum

All of England, King George and the Parliament, were outraged that Colonies of America challenged the great British empire in its use of the rights of taxation on its colonies without representation

King George III, and Lord North and then all the other party leaders of the House of Lords and Commons expressed their scorn and indignation to those commoners who laid a challenge in this situation

The kings Royal Carriage 24 feet in length and 13 feet high, 4 tons in weight, and pulled by at least eight Hanoverian horses, followed by Yeomen of the guard, symbols of the English Empire as a nation

The power of the empire consisting of Canada, the 13 colonies, the Caribbean, to the Bengal Sea, Wales, Scotland, Ireland, with a capital city in London population of 1 million, came by accumulation

The war came in April with the first blood drawn at Lexington and Concord and then in June came Breed and Bunker hill as British troops now under siege in Boston, would need to be resupplied

With 3 thousand miles between Boston and Britain in June Lord North came up and suggested that this was in fact not a foreign war but it was a rebellion and then other ideas could be applied

2,000 replacement troops to Boston and a garrison of 20,000 men to be stationed in the city while talks were begun with Prussia to hire Hessian mercenary troops and officers for duty

The battle of Bunker hill though a victory for England cost 1,000 Red Coat lives and made duty uncomfortable for the garrison and Loyalists but the king believed in this victory

Insurrection by Jack Birnbaum continued

The debate in the house of Commons was about order and it began to recognize that order can result not just because of subjugation, but can also be as a result of agreement

The terms of agreement were seen differently by those who were colonists, or loyalists or soldiers or even patriots but to the King still saw them solely as being obedient

After the Commons debate the King appointed an ex-soldier, Lord Germaine, as the secretary of American affairs so he would be sure that a message was being sent

The youth and impatience of Nathaniel Greene, 33 years and already a Brigadier Gen. in the American army who complained the enemy, had not as yet been confronted.

Conventionally an improper choice never served or even set foot on a battlefield, learning it from books but not an ordinary man as he was once a hunter. not a one who was hunted

He had uncommon resolve, was extremely hard working, forthright, good natured, a good leader and overcame being a quaker, a slight limp, inexperienced, but with a use of grit

G. Washington 43, J. Hancock 39, John Adams 40, and Thomas Jefferson 32, made the glorious cause of America indeed, a young man's cause made it made Greene a very good fit

## Dreams and Schemes

By Jack Birnbaum

It seems to me that dreams are composed of affects we see or hear over time, while schemes, are the organization of affects which entice reactions of laughter and tears

The comedy duo Gilbert and Sullivan with altered lyrics of their classic comedy, The Mikado with Koko's aria "taken from the local jail" still a delight to the eyes and ears

As was Esther's aria, "my name is Esther, I'm not Haman's Schvester not even for one single day" thereby converting a masterpiece to become our Hebrew school play

By 1911 Igor Stravinsky was on display for his visual and musical genius with his interpretation of folk music in Ballet with Petruska, a display of orchestral magic, in his way

J. S. Bach completed the Mass in b Minor in 1794(died months later) a most unusual mass of 2 hrs. a completed TOTA (begun in 1733) and with inclusion of 2 D trumpets

The work features 2 codas with vocal leaders, added woodwinds, orchestral accompaniment and a performance is one that stands tall and one that time never, forgets

The opera Aida was commissioned by Egypt as its premier to celebrate the opening of the Suez Canal This opera is amongst the greatest operas ever presented

The musical arias are among the musical elite and the story with the characters as lovers in conflict twixt they and their countries seems an enigma not to be ended

Giacomo Puccini's Tosca takes place in war with intrigue, murder, torture, among glorious musical tunes Tosca agrees to a deal with Scarpa to save Mario from death

While Napoleon's army is victorious Tosca kills Scarpa rather than to submit, finds out Mario is dead she jumps using Puccini's glorious music as part of her last breath



Dreams and Schemes by Jack Birnbaum continued

Not all of our musical dreams were consummated through a great classical artistry hundreds of years old but popular artists brought musical dreams and schemes as well

These artists are an army of joy so I can cite some of them, as I did with classical group, but I think you might agree that these four represent musical dreams that are swell

Mel Torme 1970 Album Raindrops, falling on my head-scat singer; drummer; winner 1982 AND 1983 Best Scat Singer; Began as a singer at age 3

Paul Robeson 2019-Old man river-brilliant singer, author, athlete, lawyer, humanitarian, language learner, classical, opera folk, and spiritual singer, a proud African American defied racial and class barriers

Frank Sinatra-OLD MAN RIVER -From the low singing at the jail to the magnificent ending it doesn't get any better

Barbara Streisand-People- the voice, the style, the song, one of a kind

Reading Shakespeare Prof. Marc C. Conner  
Report By Jack Birnbaum

William Shakespeare universally is acknowledged as the greatest writer of his age, the greatest writer in the English language, amongst the great writers on a stage

For 400 years he's been a standard, for drama, comedy or tragic on a written page. His greatness stands alone his talent is unique and he is nothing less than a sage

Prof. Conner said Shakespeare a teacher pointed ways his plays were understood So that the full weight of genius can be shared by all, one result that is very good

Though, many felt it difficulty to read Shakespeare and to understanding his plays reasons may require a much deeper reading of both his work as well as his ways

Shakespeare inserts a block of young a love using as his tool often, a complication As in Romeo or Juliet, a tragic feud which is nothing more than being a heartache

Without such a block it's a comedy as, you like it, as he offers up an easy mistake. even a play evading an easy category like measure for measure, helps us to take

a step by step to solve a mystery that Shakespeare' employed, for many a reason His plays speak of the lovers in Shakespeare's world not just from any one place,

such plays are not sans of merit or pleasure, to see Shakespeare played to every stratum of society common workers, to kings, queens and even gods, the broadest society of we

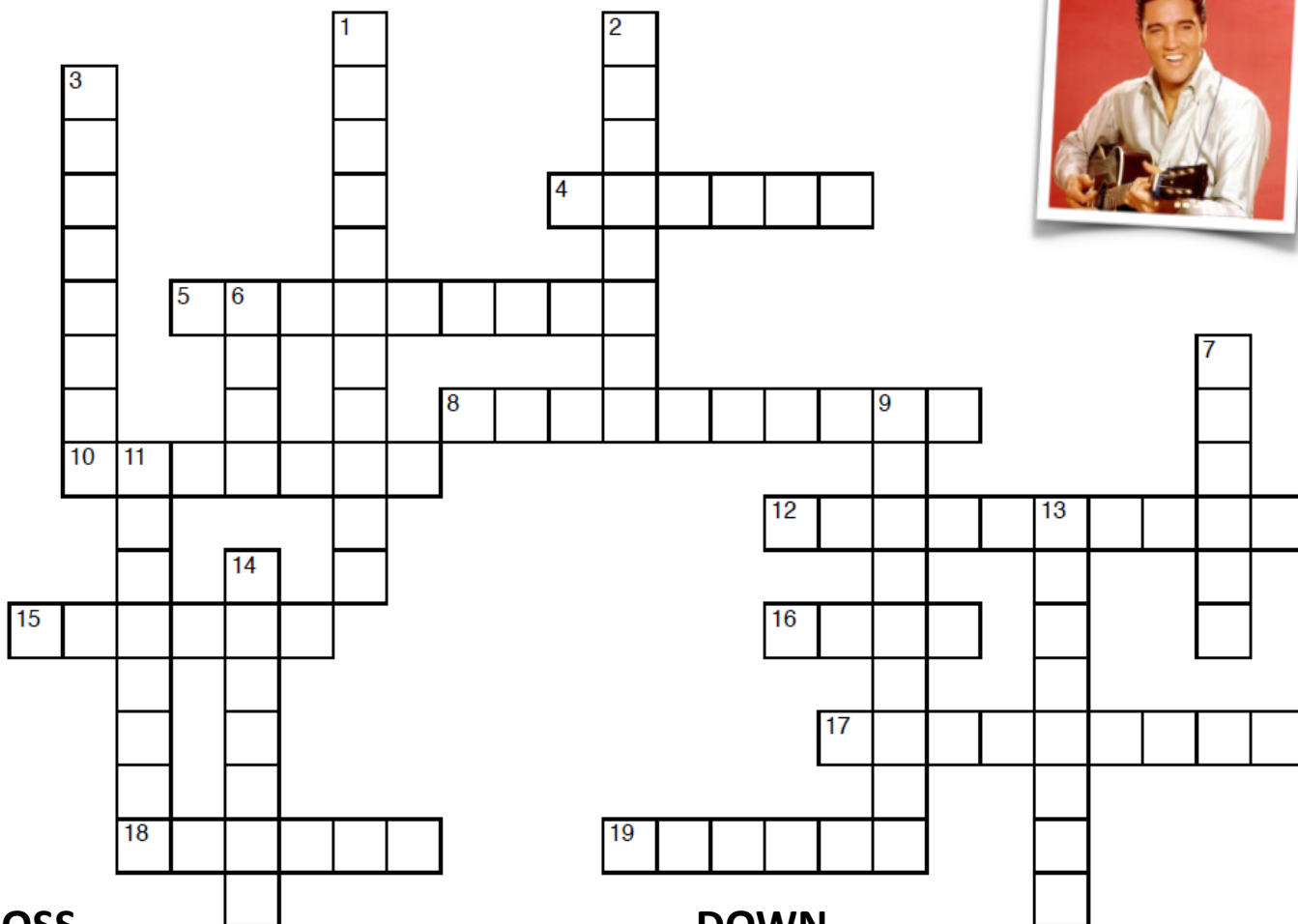
He needs them to know truth on stage, held up a mirror, so the audience of 3, will in no way be fooled in watching his tome

he wanted to know every aspect so, that he could present them and then could hold a mirror up as though he was yet still at home.

The theater would cater to a mixed audience, there could many more spectators on bent knees at times, an even larger group, it to see

## Elvis

Use the clues to fill in the crossword.



### ACROSS

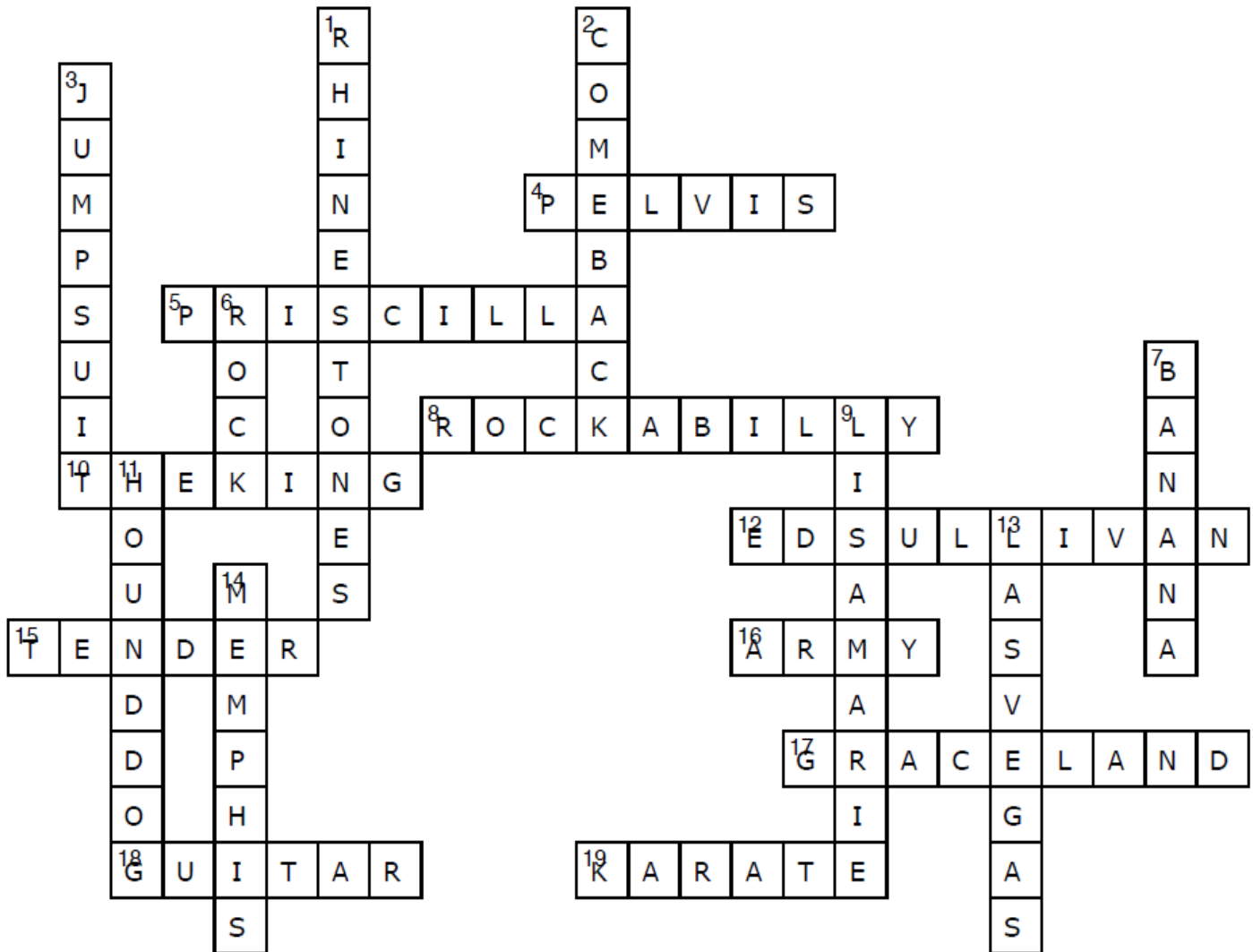
4. Rhymes with *Elvis* and he liked to shake this
5. Elvis' wife
8. Music style that combines country music and rock and roll
10. Elvis' nickname
12. Long time variety show host
15. "Love Me \_\_\_\_\_"
16. Military group
17. Elvis Presley's estate
18. Elvis' instrument
19. Sport that Elvis got a black belt in

### DOWN

1. Imitation diamonds that are sometimes glued on clothes
2. Performer's return after a gap
3. One-piece outfit
6. "Jailhouse \_\_\_\_\_"
7. Elvis' favorite snack: peanut butter, bacon, and \_\_\_\_\_ sandwich
9. Elvis' daughter
11. One who "ain't never caught a rabbit"
13. Nevada's largest city
14. Tennessee city

## Elvis

(solution)



## MAIL ISSUES

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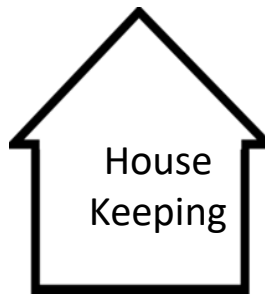


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HOURS OF OPERATION**

**MONDAY - FRIDAY  
10:30AM-3:30PM**

**SATURDAY -SUNDAY  
11AM-3:30PM**



**THE HOUSEKEEPING  
DEPARTMENT IS ASKING FOR  
YOUR COOPERATION IN  
MAINTAINING A SANITARY  
ENVIRONMENT FOR ALL OF  
OUR RESIDENTS.**

**REMEMBER TO WASH YOUR  
HANDS FREQUENTLY WITH  
SOAP AND WATER OR WITH  
HAND SANITIZER WHEN  
AWAY FROM SOAP AND  
WATER.**



A Request from  
Maintenance:

As much as we like to hear from you about repairs you need, we ask that you contact the front desk and put in a work order so the repair request gets recorded and not forgotten about

## **FRIENDLY REMINDER**

Our lobby is so beautiful. Please refrain from eating or drinking in that area.

Thank You